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End of Season Salmon Dinner
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Muckleshoot Monthly
 39015 - 172nd Ave. S.E.
 Auburn, WA 98092

NON-PROFIT ORGANIZATION
 U.S. POSTAGE
PAID
 AUBURN, WA
 PERMIT NO. 86

Honoring Our MIT Leaders 5K
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Muckleshoot MONTHLY



Vol. XVIII No. II

Muckleshoot Indian Reservation, Wash.

March 17, 2017

BECOME A CHILD CARE PROVIDER!

*Do you love children?
 Have extra time on your hands? Want to make some money? Have a clean background?*

If you answered yes, we have the program for you; help our tribal families with childcare by becoming an approved childcare provider.



How to become a family, friend, or neighbor provider:

Visit the Muckleshoot CCDF program at the Muckleshoot Early Childhood Education Center, located on the Tribal School Campus (15599 SE 376th St Auburn, WA 98092) and request a CCDF Home Provider Application.

Fill out the application completely and attach all required documentation including a copy of your first aid/CPR card, a valid picture ID, background check questionnaire & forms, completed W-9 form, and a copy of your social security card (front and back.) Submit completed application to the Muckleshoot CCDF office (must have original application – no faxed applications accepted.)

A CCDF representative will contact you within three business days to notify you about the status of your application review and/or to coordinate pre-screening. Once pre-screening requirements are met, a home-health, and safety inspection will be performed at the residence where childcare will take place.

Upon a cleared inspection you will be eligible to care for approved Muckleshoot CCDF Families.

Contact: Monalisa Mendoza, CCDF
 (Monday – Friday 8:00am – 4:00pm)

Phone: (253) 876-3056 * 3915

Email: Monalisa.mendoza@muckleshoot.nsn.us

KINGS TAKE 6TH PLACE IN STATE TOURNAMENT!

The 2016-'17 basketball season was a big one for the Muckleshoot Kings boys basketball team – a breakthrough year any way you measure it:

- The Kings finished the season, including all tournament play, with a record of 16-6, for a .727 winning percentage.
- Their record within district was 11-1, a .917 winning percentage.
- They never lost two games in a row.
- In nearly all of their wins, the margin was 20 points or more, including a 72-point victory.
- They made it to the State Championships in Spokane, known as the Hardwood Classic, where they played all four days and came home with the 6th Place trophy.
- Three players made All-League: Kasch Nichols, 1st team; Kobe Courville, 2nd team; Ryan Thompson, 3rd team.
- Two team members won Sportsmanship Awards in Spokane – Wyatt Courville and Donte Bronson-Johnson.
- Donte was also named to



MUCKLESHOOT KINGS: Assistant Coach Carlo Lavoie Jr., Kash Nichols, Eric Jamenski, Ryan Thompson Jr, Wyatt Courville, Kobe Courville, Jacob Jansen-James, Carlos Bennett, Jesus Bennett, Darius Nichols, Dontae Bronson-Johnson, Head Coach Andre Pleasant

the 1B All-Star Team.

- And, last but not least, four player were honor students and team GPA averaged 2.8.

It was a big year for Native teams. In all, 10 made it to Spokane – 7 of them boys teams – and three took home trophies: Lummi, 2nd; Yakama, 4th; and Muckleshoot, 6th. Neah Bay, Taholah, Chief Kitsap and Wellpinit also made it to the champi-

onship bracket.

And how did the Kings wind up at this year's Hardwood Classic? It took a lot of hard work, rigorous training, and learning how to play and win as a team.

"The journey was very interesting," Head Coach Andre Pleasant said. "We had a lot of young players mixed with our seniors. We started out by focusing on conditioning. We

were out on the track before the season, running 200s, 300s and 400s to get their lungs opening up and their wind going."

From the track, they went straight to the weight room for more conditioning. It was a rigorous regimen, but it paid off in terms of strength and stamina throughout the season.

"Some days, after a long day at school," Coach Pleasant

Continued on page 3

Tribe Acquires Major Archaeological Collection



The Bear Creek Site (45KI839) Collection, an important assemblage of archaeological artifacts, has come to live at Muckleshoot.

Back in 2008, planning started for a major realignment of the lower reaches of Bear Creek in Redmond, at the confluence of Bear Creek and the Sammamish River just north of Lake Sammamish. The project was necessary to restore floodplain function and greatly improve salmon habitat.

Part of the work for planning the new, more natural stream channel was to conduct an archaeological survey to make sure that any archaeological sites or artifacts would be found prior to construction. An important archaeological site was discovered during this survey – a very old site dating to over 10,000 years ago. This is one of the first sites dating back this far to be excavated in Washington state.

The Army Corps of Engineers was ultimately responsible for managing the project, and Muckleshoot was consulted throughout the process. Muckleshoot Fisheries and Preservation programs worked together to provide guidance on how the project could move forward and provide important fish habitat, while protecting the majority of the archaeological site from impacts.

A portion of the site had to be excavated, and Muckleshoot requested that the artifacts from the site come to Muckleshoot for curation after the project was completed. Recently, in January, the artifacts from the work finally arrived at the Muckleshoot Preservation Department.

The results of fieldwork and lab analysis are complete, and we are happy to share some interesting information about the site. The Bear Creek site was dry and available for human use for a couple of thousand years, between about 12,000 years ago with the retreat of the glaciers from the last Ice Age, until the area developed into a wetland and slackwater lake environment about 10,000 years ago.

The people who lived at the Bear Creek site made many types of stone tools out of locally found rocks. They made tools with one sharp edge to be used expediently, they made full arrow and spear points, they made scrapers, and they made tools with a punch end for drilling holes in hides or other materials. They used both coarse and finely grained rocks to make the tools.

Over fifty of the stone tools were tested for DNA or protein residue, and only a couple artifacts had definite results. One, a drill, got a positive result for both deer and human proteins. Another, a biface, tested positive for salmon. So, even though 10,000 years had passed, we were able to get a couple of positive ideas of what those tools were used on (and we assume the human cut himself while drilling!).

Bone usually does not preserve very long at all in soil, so no large mammal bones were found at the site. One small broken half of a fish vertebra (salmonid) was found, amazingly, but it did not have enough DNA available to identify further what type of salmon it was. This small broken bone, along with the salmon protein residue from the tool, shows us that salmon were available and were utilized at the site over 10,000 years ago, and were important then as they are now.

Over 3,000 chipped stone artifacts have come to Muckleshoot to be cared for from the Bear Creek Site. We will take great pride in their protection for future generations, and will continue to work hard to ensure that the remainder of the site at Bear Creek is protected. The site has now been covered with earth and is too deep for someone to easily reach and cause damage. Plantings of bushes and shrubs along the new bed of Bear Creek also serve to protect the rest of the site – hopefully for another 10,000 years!

MUCKLESHOOT VETERAN'S POWWOW

JUNE 23-25, 2017

MUCKLESHOOT POWWOW GROUNDS
 Auburn, Washington

www.muckleshoot.nsn.us

Town Hall Meeting Re-Cap



A professional parks planner provides the basic necessities of community spaces.

On February 27th, 2017, a Town Hall Meeting was conducted at the Muckleshoot Elders Complex. The meeting served as a brainstorming session to gather ideas about what Tribal Members would like to see in an outdoor gathering space/park.

Two experienced park planners were present to brief participants on some of the terminology and fundamentals that are necessary to understand when planning a functioning park. The planners explained that a successful park must provide four essential community needs: culture, education, active recreation, and passive meditative spaces.

A questionnaire was distributed which outlined a list of common features that communities frequently request in their park systems. Tribal Members were asked to rank each feature based on importance. The worksheets were collected upon completion and will be used to gauge what the community would most like to see in a future park.

The questionnaires were also available during the March Per-Capita distribution period. Efforts will continue to be made to gain the highest possible level of feedback.

A question and answer session was held for community members to voice their comments, concerns, and request clarification on any part of the presentation that may not have been clear. Some topics of community concern consisted of safety, project timeframes, and prospective park locations. The group also shared ideas about minor improvements that could be made to existing Tribal gathering spaces.

The planning process for the Tribal gathering space is far from complete so keep an eye out for updates and news.



DENNIS BANKS VISITS TRIBAL COUNCIL. The legendary activist stopped by to thank the Muckleshoot Tribal Council for their hospitality after a recent presentation at the Muckleshoot Tribal School. Pictured from left to right: Jaison Elkins, Jessica Garcia-Jones, Kerri Marquez, Dennis Banks, Donna Starr, Louie Ungaro, Anita Mitchell, John Daniels Jr., and Jeremy James.

Solid Waste Saves Tribal Dollars

By Eddy Chu

Since December 2015, Public Works Solid Waste program has entered into a trial agreement with Waste Management to ship our tribal solid waste directly to their Oregon landfill site, instead of going through King County Transfer Stations. As a result, the Tribe saves a significant amount in hauling expenses.

Through the agreement, the Tribe saves almost half of our normal disposal fees which amounts to over \$120,000 a year. In addition, due to the tonnage we handle here at the tribe, Waste Management is also able to rebate additional money per ton which amounted to almost \$10,000 for the year of 2016. (see photo)

Should we continue to process more waste in the coming years, such as handling solid waste from the Casino and Bingo Hall, the Tribe can enjoy a much larger rebate as a result.

We are very excited! The pilot program has been much more successful than we anticipated. We look forward to continuing partnership with Waste Management should the financial benefits continue as anticipated.



Tom Louie, a Waste Management representative, and Public Works Director, Eddy Chu present a rebate check to the Tribal Council.



Attention Muckleshoot Tribal Members:

Want to rename Muckleshoot Housing Developments? Here is your chance!

On behalf of the Muckleshoot Tribal Council Department, we are asking you to help us rename a few Muckleshoot Housing Developments.

Official contest forms will be mailed to Tribal households. Please submit your input, suggestions, or recommendations to the Tribal Council Support Staff located in the Phillip Starr Building, 2nd Floor Tribal Council Department.

The deadline for contest submissions will be **June 1st, 2017**. Grand prize winners will receive **\$250 per name**.

Tribal Council will nominate the top three submissions for each Housing Development and Tribal members will vote for the 1st place grand prize winners.

If you have any questions please contact Tribal Council Support staff.

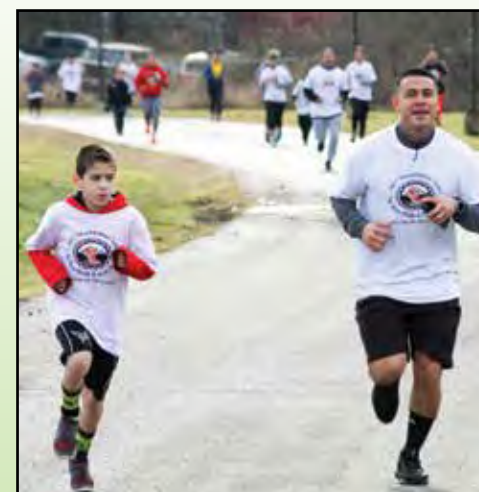
GOOD LUCK TO EVERYONE!

2017 Per Capita Deadlines and Schedule

April 28, 2017	- Deadline for New Direct Deposits to be turned in to Tax Fund
May 5, 2017	- Deadline to stop taking Direct Deposit Changes/Cancellations
May 31, 2017	- Enrollment Cut Off Date for September 2017 Per Capita
June 6, 2017	- Per Capita Distribution in Cougar Room at PSB
June 7, 2017	- Per Capita Distribution in Cougar Room at PSB
June 8, 2017	- Per Capita Distribution Finance Building
July 21, 2017	- Deadline for New Direct Deposits to be turned in to Tax Fund
July 28, 2017	- Deadline to stop taking Direct Deposit Changes/Cancellations
August 29, 2017	- Per Capita Distribution in Cougar Room at PSB
August 30, 2017	- Per Capita Distribution in Cougar Room at PSB
August 31, 2017	- Per Capita Distribution Finance Building
August 31, 2017	- Enrollment Cut Off Date for November 2017 Per Capita
October 6, 2017	- Deadline for New Direct Deposits to be turned in to Tax Fund
October 13, 2017	- Deadline to stop taking Direct Deposit Changes/Cancellations
November 20, 2017	- Per Capita Distribution Location TBD
November 21, 2017	- Per Capita Distribution Location TBD
November 22, 2017	- Per Capita Distribution – Half Day Distribution Only in Finance
November 30, 2017	- Enrollment Cut Off Date for March 2018 Per Capita

***Please note: The monthly senior assistance payments (TESSA/TESSB) are no longer income; therefore we cannot withhold taxes from those payments. If you would like to have more taxes withheld from your quarterly Per Capita payments – please see Finance to fill out a form.

Tribal Leaders Go the Distance at 5K Fun Run



Ojibwe icon Dennis Banks visits Muckleshoot

Dennis Banks, co-founder of the American Indian Movement (AIM) and founder of the Longest Walk, was a guest of the Muckleshoot Tribe in early February. He spoke eloquently at the Muckleshoot Tribal School on February 2nd and afterwards was wrapped in a Muckleshoot blanket and honored with several other gifts. The

following morning the Ojibwe elder spoke with the Tribal Council at their regular meeting and was given a cedar basket. Mr. Banks was generous with his time and company to all at Muckleshoot, patiently posing for countless photos and leaving good feelings in the hearts of all who met him.

PHOTOS BY JOHN LOFTUS



Sophia Jane Spencer

Sophia Jane Spencer of Muckleshoot passed away on March 3, 2017 in Tacoma, Washington, just 10 days before her 90th birthday. She was born March 13, 1927 in Toppenish to Richard George Spencer Jr. and Ida Henry and lived for many years on the Muckleshoot Reservation, where she was dearly beloved by all.



Sophia retired from Head Start, where she worked as a cook for over 30 years, and was renowned for her cooking at large community events. She loved to dance and entered many contests. Her many interests included gardening, gathering huckleberries, canning, cooking, making yarn baskets, beadwork, BINGO and popcorn, smoking fish, clam digging, plants, flowers and tea.

She loved the Shaker Church, Pow-Wows, Washat, gathering Indian Medicine and teaching community members. Sophia loved everybody and she was the eldest Muckleshoot.

She is survived by her sons, Rodney Courville, Wally Courville and Virgil Spencer; daughters, Rita Martin, Wanita Courville, Beverly Courville and Roberta "Tootsie" Danzuka; brothers, David Spencer, Robert Spencer, Charles Spencer and Neil LaClair; and sisters, Mildred and Vivian Spencer. She is also survived by 17 grandchildren, 10 great grandchildren and one great-great grandson, as well as many nieces, nephews and other relatives.

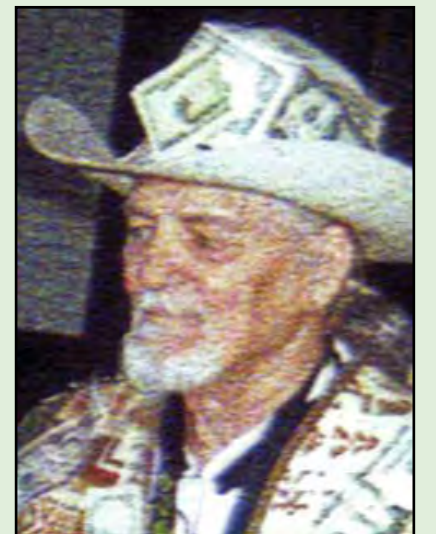
Sophia is preceded in death by, her sons, Leon Courville and Freddie Courville, sisters, Ruth Spencer, Nancy Spencer, Thelma "Peaches" Papeke, Mary Spencer, Harriet Spencer and Rosalie Cross, brothers Steve Spencer and Richard George "Butch" Spencer Jr.

A Shaker funeral service was held March 7, 2017 at the Muckleshoot Pentecostal Church followed by a graveside service and interment at the Courville. Service directed by Weeks' Funeral Home in Buckley, WA. Please sign the online guest book at www.weeksfuneralhomes.com.

Charlie Durham

Charlie Durham, husband of Jackie Swanson, passed away December 11th from a very rare form of cancer, cecal carcinoma.

Charlie always put family first. His three children are Chuck Jr., Anita Johnny, and Nadine Durham. When he and Jackie got together, he also accepted her children unconditionally - Lonna and Greg. Jackie and Charlie were together 28 years. Charlie was the oldest of four children. His youngest brother, Arthur, of Kentucky is the only surviving sibling.



The Air Force was a 14-year period of Charlie's life. He was assigned to such posts as Greenland, Turkey and different airbases in our country. As a young father, he traveled to different Air Force posts and always included his family. The mother of his children was Ella Ward of Neah Bay.

As we look forward to our days without him, we will remember the many wonderful adventures with him. Neah Bay shaped him for his outlook on life. He was integral to the life of his family and friends. He talked of Shishi Beach, Hobuck, eating slippers and bathing in the cold water. He moved his family to Seattle but stayed loyal to Makah. His world expanded and he supported various movements from Yakama and David Sohapp, Big Mountain, St. Louis, Leonard Peltier and beyond.

He and Jackie traveled to Warm Springs many times to visit Jackie's sister, Jeannie Thomas. They also went to Indianapolis for Charlie's family reunion. Another memorable trip was to Anadarko to witness a Black Legging ceremony. They also traveled twice to Hawaii.

Charlie was a treasure to all in different ways. Volunteer efforts included being a friend of Bill for 39 years and he went to NAG for many years. His service was mechanic-ing for those who needed the help to keep their Indian cars running. (In fact, that's how he met Jackie.) He spent many volunteer hours with Seattle's Indian youth in martial arts, basketball and powwowing.

He also kept his Coast learnings close to his heart and they guided his steps to sobriety, among other things. He never forgot his military service and veterans always held a special place in his heart. Charlie always greeted veterans with the phrase, "Thank you for your service."

Charlie received his Indian name in a ceremony led by Jackie's nephews James Halliday and Wilson Wewa on December 10th, the day before his death. He was given the name of Bah-nye-niksh that belonged to Jackie's uncle, Les Thomas of Warm Springs. Les worked extensively with NARA in Portland. So now Charlie can walk in two worlds and visit with all family and friends.

KINGS IN STATE TOURNAMENT *continued from page 1*

recalled, it would be like, 'Oh, we got to go to practice... Oh, we got to hit the weights.' But, the way we coached them and made it fun, they'd want to come to practice. They kept getting better every day. When you see yourself getting better, it's like 'Oh, I want to go to practice! Oh, I can't wait for the next game!'"

"We did a lot of teambuilding as well," Assistant Coach Carlo Lavoie Jr. added. "From the track work to the weight room to the court, we tried to do everything together, to bring everyone together as a team. If some finished early, they went back and cheered on the rest of the teammates to finish."

The younger players had basketball skills to learn and the older players, who had been through several coaches since their freshman year, had a few things to unlearn in order to make the team fire on all cylinders.

"One of the main things we did was we just talked to them," Pleasant said. "We went out to dinner after almost every practice - team dinners, team bondings."

And it wasn't just the team that bonded. The two coaches lived and breathed their work as they shaped these talented, motivated boys into a winning team. They would talk on the phone every night when they finally got home, sharing ideas, analysis, and plans for the next practice and the next game. They were all in, without a doubt.

"Just to be a part of this was something special," Pleasant says, "...and we're still building. Next year, our goal is number one. That's what we always talk about every day. Are you ready? What can we do to get better? We're not satisfied with number six - we want number one!"

MUCKLESHOOT TRIBE
EARTH DAY CELEBRATION
Friday APRIL 21 & Saturday April 22, 2017
All Community Members, School Age Students & Employees are Welcome.

DAY 1 (8am - 3pm) PUBLIC WORKS BUILDING.

- Lunch and Snacks
- Community Cleanup
- Tree Planting in Neighborhood
- Raffle & Gifts
- Fun! Fun! Fun!



DAY 2 (9am - 1pm) SLAH-HAL BUILDING.

- Food provided
- Earth Day Slideshow
- Recycling Plant Movie
- Clean-up and Planting Photos Show
- Recycling Waste Demonstration
- Tree Adoption

Water is LIFE!

MAKE A STAND







IMPORTANT NOTICE TO MUCKLESHOOT FISHERS
FIRST AVENUE SPRING CLEANING

Derelict gear abandoned at the tribe's first Ave. properties will be marked with either an orange "X" or green tape. Items include fishing nets, boats, boat & tent trailers, motors, cork & lead lines, tools and outrives etc.

All marked items must be removed by April 15th. Unclaimed marked items remaining after April 15th will be disposed of by the tribe. No exceptions will be made.

MIT FISH COMMISSION
Any questions please contact the fisheries office at (253) 876-3118

Lillian D. Daniels MEMORIAL

March 25, 2017

Headstone Blessing at 10 a.m.
At the Courville Cemetery
Dinner & Give away
to follow at the Muckleshoot Shaker Church

MUCKLESHOOT WILDLIFE PROGRAM

2017 White River Elk Winter Feeding

For the second time in a decade the Wildlife Program is conducting winter feeding for elk in the White River. Snow started to accumulate in early January and mimicked the La Niña pattern seen in 2007-2008 when we last fed. The snow that year accumulated to over 41 inches in the Greenwater area and made it difficult for elk to find food. Logging in the Greenwater winter range has reduced forest cover, which elk depend on to intercept snow that reduces snow depth below forest canopy compared to open areas.

Because there is less forest cover now and winter seemed to be shaping up to be bad, the Wildlife Committee approved the 2017 elk feeding program. The Wildlife Program has since acquired a snow cat to distribute feed, and purchased 28 tons of certified weed-free alfalfa. Staff began distributing alfalfa in early February, about 2 weeks earlier than in 2008. The snow pack in the Greenwater area reached 30" on February 7, but has had a lot of rain-on-snow events, which has compacted the snow and increased its density. Furthermore, sub-freezing evening temperatures have created a crust, preventing the snow from rapidly melting.

Elk energy expenditures during winter are significantly affected by snow depth, density, and hardness in an exponential relationship, meaning a small increase in snow results in proportionately greater energy expenditure. Snow depth greater

than "brisket height" -- or 30 inches -- causes increased difficulty for elk, especially when snow is dense and/or hard. At snow depths greater than 12" we rarely see elk out in open areas, if they have access to forest cover.

Oddly, westside elk do not seem to dig through snow for food, called cratering, compared to their eastside counterparts and rely on shrubs above snow and litterfall from trees during storms. Elk are comfortable with winter air temperatures down to 15° F, and as low 0° depending on solar radiation and body position due to their large rumen that ferment forage and create heat. Elk west of the Cascades, therefore, are rarely stressed by cold air temperatures and are more affected during winter by rain and snow and lack of available high quality forage.

While the Program prefers to see adequate habitat to support elk and sets a population objective based on available habitat, these unforeseen winter events can take a toll on the herd and cause increased mortality. The Tribe has worked too hard to recover this elk herd from its low in the late 1990's and early 2000's to allow it to decline again, so we hope that winter feeding will reduce mortality below what it would be without feeding. Keeping the elk herd at objective ensures long-term, sustainable hunting opportunity and harvest.

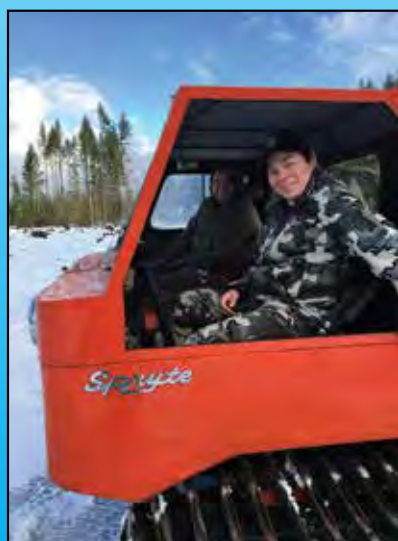


PHOTO BY JOHN LOFTUS

Equine Athletes Train for April 8th Opening Day

The beautiful thoroughbred horses shown above are some of the 700 currently on the grounds at Emerald Downs. They've just completed their morning workouts on the track and are cooling down on the hotwalkers -- large wheel assemblies that walk them in a circle until they're ready to return to their stalls. The track's horse population is expected to swell to 900 by opening day. About 60 horses will run each day of the meet, which begins on Saturday, April 8, with first post at 5:30 PM and fireworks at dusk.

Casino Team Member & Supervisor/Manager of the Year

TEAM MEMBER OF THE YEAR



**Housekeeping:
Housekeeper II**
Team Member of the Month
(Back of House)
– August 2016

San Tong

Nomination Info for San: San saved the life of one of our Team Members. He noticed a Team Member swaying back and forth as he walked. San called Security, 911 was called, and the patient was rushed to the hospital. Thanks to San's proactive response, the patient received the care that was needed and was eventually able to return to work.

San has worked for the casino for 14 years; always smiles; greets everyone by name; is polite; has a positive attitude; and has an excellent attendance record. He re-supplies our copy paper when our supply is low, which is not part of his job responsibilities. San truly deserves to be recognized because of his extraordinary action that saves a person's life and also because he faithfully performs his duty with positive attitude every day. San previously won TMOTM in August 2012.

SUPERVISOR OF THE YEAR



**Information
Technologies (I.T.):
Supervisor**
Supervisor of the 4th Quarter
– 2016

Justin Johnson

Justin was nominated for his effective, consistent leadership, setting an excellent example for Team Members throughout the casino. Each week he goes around the casino, asking if our I.T. needs have been fulfilled by his Team. Wherever I see him he always has a friendly smile and can see his sincerity when he speaks. He treats everyone the same, with respect and taking his time to know everyone. He is consistent, being polite, respectful, and caring for his Team and others.

He has worked for the casino for 11 years, has an excellent attendance record, and consistently treats Team Members with respect and kindness. He always asks for feedback from other departments and uses it to train his Team so they can respond effectively. He shows leadership in words and deeds. Justin is a Muckleshoot Tribe Member.

FROM STANDING ROCK TO LONGEST WALK

The historic gathering at Standing Rock has dispersed, but the mission continues. Rachel Heaton remains active here in Puget Sound; Gerri L. Williams was in the Washington DC protests; and Roy Murphy, one of the stalwarts of Standing Rock, has embarked on another adventure -- the Longest Walk. This year's walk, which started in San Francisco on February 15 and will end in Washington DC on July 15, is the 39th for its founder, Dennis Banks. Roy's team was in Elko, Nevada the last we heard.

"We all walk this life together, to do what we can in this short time we are here. Love every day and everyone the best you can because we never know when the other journey will begin. Yay ehan, walk the walk..."

– Longest Walk Chief Bobby Wallace



Roy with Twin Pines Pomo band members, California



With the Youth Council of the Red Hawk Miwok Band, near the Calif-Nevada border



Stillwater Paiute Tribe in Fallon, Nevada



Longest Walk members in Napa, California, February 13



Our running crew at Robinson Rancheria, CA



Interior Secretary Ryan Zinke with Blackfeet Tribal Chairman Harry Barnes. (1)

White House proposes 12% cut to Interior budget

Days after his confirmation as Interior Secretary, Ryan Zinke told Interior Department employees he was going to advocate for fair funding. On March 16, President Donald Trump submitted a budget to Congress that seeks \$11.6 billion for Interior -- a 12 percent decrease from current levels.

"I looked at the budget," Zinke said. "I'm not happy, but we're going to fight about it."

The BIA portion hasn't yet been specified, and deep cuts have also been proposed for HHS (IHS) and HUD. Zinke was formerly the sole Congressman from sparsely populated Montana, where he worked closely with tribes, who make up more than 6% of the population and can swing a statewide election.

2017 STATE BASKETBALL TOURNAMENT

PHOTOS BY LANA TSOSIE, BRYSEN JANSEN, DARRELL JAMETSKI, EVAN AVILA & JOHN LOFTUS



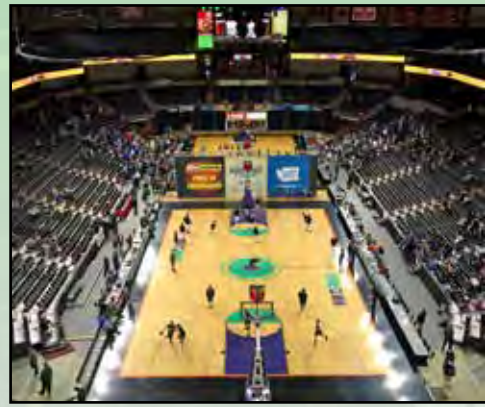
Ass't Coach Carlo Lavoie Jr. & Head Coach Andre Pleasant



The 2016-17 Muckleshoot Kings, 6th Place in 1B State Tournament



6th place with basketball





M.O.S.T. Student of the Month: Sage

The M.O.S.T. program is proud to announce Saige as Student of the Month. Since her enrollment in our program, she has been a diligent and a hard-working student. In addition to her incredible scholastic effort, Saige has been very punctual.

Saige has been a constant delight to have in the class. She also has a great sense of humor. Thank you for your commitment to the Muckleshoot Occupational Skills Training Program.



MOST Program Updates

“The MOST office program has changed to provide a contemporary feel. The computer laboratory and equipment have been updated. Each computer is now running Windows 10 and Office 2016. The material covered in the course has changed to fit current employment needs.”

-Andrew Mikel, Office Instructor

“The pride I have is for our MOST students that come in afraid of new things in their lives and leave feeling as if they have accomplished a big goal. I have a special kind of pride in the student that go into the Intermediate Program after completing Basics and then, on to the IT side of the Program.

When students accomplish their goals and go on to a better job, it is certainly something to be proud of.”

-Renee Lozier-Rojas, MOST Community Liaison

“We at the MOST program are excited to present a new class. Microsoft Technology Associate (MTA) is an introductory Microsoft certification for individuals considering a career in technology. MTA certification addresses a wide spectrum of fundamental technical concepts, assesses and validates your core technical knowledge, and enhances your technical credibility.

This course helps you prepare for Microsoft Technology Associate Exam 98-361, and builds an understanding of the following topics: Core Programming, Object-Oriented Programming, General Software Development, Web Applications, Desktop Applications, and Databases.”

-Cord Rose, I.T. Instructor

“The MOST Program is in year four of the NACTEP Grant cycle. NACTEP stands for Native American Career Technical Program. This is a federal grant worth approximately \$436,000 per year. This grant allows the Muckleshoot Tribal College to run computer labs year round without using tribal dollars. This federal grant runs from November 1, 2016, to October 31, 2017. In year 4, we have served approximately 53 students.

The goal of this grant is to help students find employment, and/or continue their education. We have four partners in this grant: Green River College, Courage 360 (a non-profit organization), Breakwater Investment-Financial Literacy classes, and Speelyai, the external evaluator of the MOST Program. Spring classes start April 3, 2016. Please stop by and visit with any of us in the MOST Program!”

-Denise Bill, MOST Program Manager



Congratulations Kenny Louie!

I would like to give a personal shout out to Mr. Kenny Louie! I was fortunate to be present when Kenny gave his senior speech before graduating from Muckleshoot Tribal School. This young man blew me away with the outstanding delivery of his speech. I was so touched by it that I was compelled to let him know how very proud of him I am and that I know he is going to move forward to do great things!

For a while, after graduation, he fell off my radar, out enjoying his new found freedom I would suppose! However, he has since returned and is enrolled in the MOST Office Skills Training Program!

It is so great to see you back Kenny! You can never go wrong with Education! Combine that with what you already have instilled inside of you and the sky is the limit!

Congratulations on making the necessary moves to get back into school and keep on keeping in the direction you are moving! You make us all proud!

-Janet M. Emery, MOST Program Assistant

MOST Program:

Janet Emery, Program Assistant, 253-876-3355
Renee Lozier-Rojas-MOST Program Liaison, 253-876-3292
Andrew Mikel-MOST Program Computer Literacy Instructor, 253-876-3305
Cord Rose, MOST Program IT Instructor, 253-876-3344
Denise Bill, MOST Program Manager, 253-876-3345

GED Learning Center:

The GED Learning Center (GLC) works to prepare second-chance adult learners in the Muckleshoot Community to obtain their GED credential. We seek to serve students by offering free or low cost educational support, engaging students with cultural and real world curriculum, and building GED graduates to become work and college-ready.

Contacts:

Cary Hutchinson
GED Instructor
253-876-3375
Cary.Hutchinson@muckleshoot.nsn.us

Mitzi Judge
GED Test Administrator
253-876-3395
Mitzi.Judge@muckleshoot.nsn.us

Northwest Indian College:

Two Associate's level degrees:

The Associate of Arts and sciences (AAS), often referred to as the “Direct Transfer Degree”

The Associate of Technical Arts in Chemical Dependency Studies (ATA-CH)

Bachelor's level degrees:

The Bachelor of Arts in Tribal Governance and Business Management (TGBM)

The Bachelor of Arts in Human Services (Community Advocates & Responsive Education)

(C.A.R.E.) ONLINE ONLY!

Site Manager: Destiny Petroske
Phone: (360) 255-4433
Email: dpetroske@nwic.edu

Instructional Aid/Technician: Melissa Reaves
Phone: (360) 255-4432
Email: mreaves@nwic.edu

MIT Scholarship Program:

The Muckleshoot Indian Tribe believes that each tribal member should have the opportunity and support from the Tribe to achieve his or her educational goals. The Tribe views the Higher Education and Vocational-Technical Scholarship Program as an investment in both the tribal member and the future of the tribal community.

Contacts:

Marie Marquez, Financial Aid Director at 253-876-3382.
Dena Starr, Scholarship program Manager at 253-876-3147
Victoria Lucyk, Acting Academic/Career Counselor at 253-876-2845
Melissa Scearcy, Admin. Specialist II at 253-876-3378

The Evergreen State College

The Evergreen State College, Grays Harbor and Peninsula Colleges collaborate to provide a Bachelor of Arts degree on various Indian reservations in western Washington. Students can earn an AA through the on-line Reservation-Based, Community Determined Program. Once they earn their AA, or once they have 90 transferable credits, students can transfer into the Reservation-Based B.A. program. Designed for place-bound students with connections to tribal communities, the program has been “reservation based” from the beginning with classes held on Indian reservations in western Washington.

Contact:

Cindy Marchand-Cecil – Evergreen
Phone: 360.458.4226
Email: marchanc@evergreen.edu

Continuing Ed:

Mitzi Judge Phone: 253.876.3395
Email: Mitzi.judge@muckleshoot.nsn.us

MOST Program Snap-Shots



MOST Program-Early College 2017, Eric Pacheco teaches Muckleshoot Language



NORTHWEST INDIAN COLLEGE

PUBLIC NOTICE

The Northwest Commission on Colleges and Universities will conduct a comprehensive evaluation of Northwest Indian College on April 12-14, 2017.

As part of the regular accreditation cycle, Northwest Indian College will undergo a site visit by a peer-evaluation team from the Northwest Commission on Colleges and Universities (NWCCU) April 12-14, 2017.

The site visit is part of Northwest Indian College's Year Seven Evaluation; a comprehensive review of the college's compliance and accreditation standards. Northwest Indian College has been continually accredited since 1993 at the associate degree level, became accredited at the baccalaureate degree level in 2010, and most recently completed a Year Three Evaluation in 2014.

During this visit, the peer-evaluation team will tour Northwest Indian College, review documents, and interview students, alumni, faculty, staff, leadership, and members of the Board of Trustees. The peer-evaluation team will then submit a report to the NWCCU.

In preparation for the April visit, Northwest Indian College invites the public to submit written comments regarding the College's qualifications for accreditation. Comments must be in writing, signed, and received no later than March 12, 2017, at the address below.

NWCCU
8060 165th Avenue N.E.
Suite 100
Redmond, WA 98052

For more information, visit the NWCCU website:
nwccu.org

New Program at GED Learning Center Delivers First High School Diploma

Micah McDaniel became the first high school graduate of a new program offered by the Muckleshoot Tribal College's GED Learning Center, through a partnership with Renton Technical College.

The program, High School 21+ (HS21+), was designed just for people like Micah; highly motivated to better himself, had most of his high school credits, had relevant life experiences, and the GED just wasn't working for him.

Using the credits he had from high school and his life experiences, Micah was able to obtain his high school diploma in just a few months. If you ask Micah, he'll tell you how awesome this program is. It will open doors to the MOST Program and college for him. If you see Micah, congratulate him.

The HS21+ program was put in place as an alternative to the new computerized GED test. The student must be at least 21 years of age and have obtained a good number of high school credits (no more than six credits short). This program evaluates a student's high school transcript to figure out what credits are still needed to graduate with a high school diploma.

Once the missing credits are determined, the program's instructor's look for ways to obtain the needed credits through reflections of life experiences, certificates obtained, jobs held, classes, and projects.

Credit can also be given for passing scores on the old and new GED Tests. State achievement tests are no longer necessary for HS21+ students. The number of credits needed and motivation will

determine how long it takes to finish the program.

This new program, HS21+ is now open to all Muckleshoot Tribal Members at the GED Learning Center at the Muckleshoot Tribal College, as well as the GED Program for all students 16 and older.

For more information, tribal members should contact Cary Hutchinson at 253-876-3375 or email cary.hutchinson@muckleshoot.nsn.us. All other community members can directly contact Renton Technical College at 425-235-2391 or email dchou@rtc.edu. Let's figure out how you can get your high school diploma like Micah.





Free Summer Program
For Native American students interested in medicine, nursing, pharmacy, nutrition, and other health careers.
22nd Annual Na-ha-shnee Native American Health Science Institute
June 18th - 23th, 2017

What is Na-ha-shnee? Na-ha-shnee is a 12 day summer program designed to encourage Native American and Alaska Native students to pursue health science degrees and health-related careers. The program is held on the WSU Spokane Campus and housing is in nearby dorms. Participants gain hands-on training in basic skills as a health professional, college preparation experience, and cultural activities during this summer-camp structured program.

Who should apply? Native American and Alaska Native students that are currently in 9th, 10th, or 11th grade. Applicants should have a GPA of 3.0 or above and an interest in health science careers (nursing, medical research, nutrition, physical therapy, medicine, pharmacy, physical therapy, dentistry, etc.)

Where is the application? Applications can be filled out and submitted online. This application can be found online at: https://wsu.co1.qualtrics.com/SE/?SID=SV_8Cdh3wcvFgUGfqd (Or google WSU Native American Health to find it on our website). A pdf/hard copy of the application can be requested by emailing emma.noyes@wsu.edu.

What does it cost? Thanks to generous donations from tribes and WSU partners, this program is FREE. The only cost that we cannot cover is transportation to and from our program. We do not have any travel stipends.

DEADLINE FOR APPLICATION: 11 PM, FRIDAY, APRIL 14th, 2017

Questions? Feel free to contact Emma Noyes, Interim Director of Native American Health Sciences. Phone: 509.324.7215

Email: emma.noyes@wsu.edu

Fax: 509.324.7341

This exciting summer opportunity is brought to you by:

WASHINGTON STATE UNIVERSITY – GO COUGS!

Frequently asked questions by parents and applicants:

Where will students be staying overnight and how will they be supervised? Students stay in a dorm on the Gonzaga University campus which is walking distance to our WSU Spokane campus. Each student is assigned a roommate and a room on either the female floor or the male floor of the dorm. Students are supervised by "camp counselors", including two staff that are hired specifically to ensure that curfew is kept and students are safe.

Do I need to be enrolled in my tribe to attend? No, you do not need to be enrolled in your tribe to attend. In the application you are asked if you are enrolled or a descendant of a tribe. You do not need to provide documentation of your enrollment.

Can students leave with parents or guardians during the institute (example: attending local events, tournaments, practices, jobs, or family events)? Such a good question! The Na-ha-shnee Native American Health Science Institute involves a full schedule of college preparation, career exposure, leadership development, and getting to know mentors and other students. For this reason the institute is a closed campus program. Students may not miss any portion of the institute.

What if my student needs medical attention during the institute? Our staff includes a registered nurse that is available around the clock to administer prescription medications that students bring with them to camp. The nurse can also provide over the counter medications with parent permission, respond to any sports/accidental injuries, and determine whether further medical attention is needed. If further medical attention is needed parents/guardians will be contacted and student will be taken to the hospital. All hospital fees are the responsibility of parents/guardians.

What kind of activities take place at camp? Each day is packed with hands-on activities. These include CPR/First aid training, basic nursing skills, creating compounds in the pharmacy lab, working on an artificial tooth in dental hygiene, group games, group fitness, cultural arts, visiting a human anatomy lab, sleep research labs, putting everything that you learn to the test in our simulation lab, and much more!



Attention High School Graduates

Apply for the Bridget Simmons Memorial Scholarship Fund for the opportunity to receive a \$1,000 award to support your higher education goals

Contact Rachael Heaton (253) 939-3311 for application and details



MIT Scholarship Program



Phone: 253-876-3378 Email: ScholarshipsDept@muckleshoot.nsn.us

During application periods visit our [online application](http://Scholarship.muckleshoot.nsn.us) to apply.

- Applications must be submitted 30 days prior to the start of your term.
- If your term does not have a typical start date or schedule, call and email us to arrange a time to apply.
- Applications, paperwork, funding, etc. takes 10 business days to process

For more info about the Scholarship Program, visit our [website](http://tinyurl.com/mitScholarshipProgram).

2016-2017 Application Periods

Winter 2017	Spring 2017
Oct 21st—Dec 2nd	Jan 20th—March 3rd

2017-2018 Application Periods

Summer 2017	Fall 2017	Winter 2018	Spring 2018
Apr 14th—May 26th	July 7th—Aug 18th	Oct 20th—Dec 1st	Jan 19th—March 2nd

Need Your GED?



LANGUAGE ARTS CLASSES

Beginning Tuesday April 11th and held every Tuesday and Thursday 5:30 to 7:00 through mid May.

KEEP CALM AND LEARN LANGUAGE ARTS

Learning Center Hours:
Mon/Wed 8:00 - 6:00
Tues/Thurs 8:00 - 7:00
Friday CLOSED

MUCKLESHOOT TRIBAL COLLEGE
Auburn, Washington

GED Learning Center

Now enrolling full and part time students

We offer free, guided assistance

- Tutoring • E-Learning • Classes
- Instructor Support
- Career & College Guidance for GED Graduates

Begin Your GED Journey

Contact

Cary Hutchinson
GED Instructor
(253) 876-3375

Mitzi Judge
GED Test Administrator
(253) 876-3395

Currently a GED student?

See calendar for available workshops and classes.

@Muckleshoot GED Learning Center

Muckleshoot Tribal College
39811 Auburn-Enumclaw Road Southeast
Auburn, Washington • 98092
(253) 876-3183
www.muckleshoottribalcollege.org

Introducing, the MTS Elementary Kindness Team!

Muckleshoot Tribal School Elementary is proud to introduce our Kindness Team, representatives!

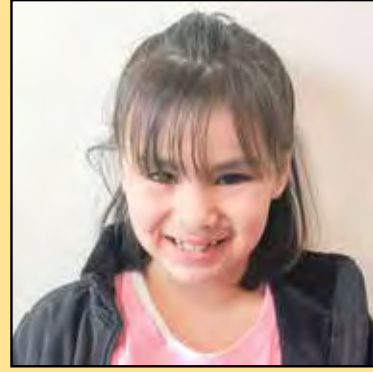
KINDERGARTEN



Dora Anderson



Lyric Lozier

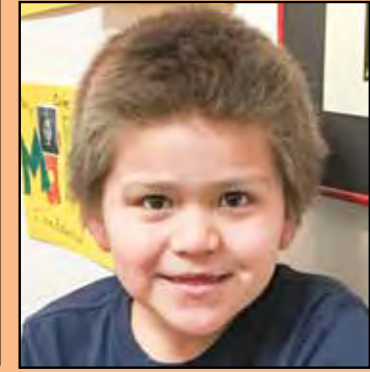


Mary Cortez

1ST GRADE



Ariel Lozier



Kory Elkins

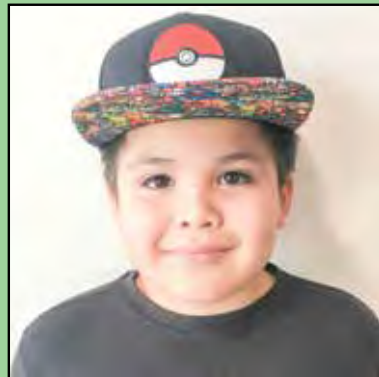


Adrina White

2ND GRADE



Vanessa Dolores James



Tavein Jansen

3RD GRADE



Aaron Ramos



Hilary Penfield

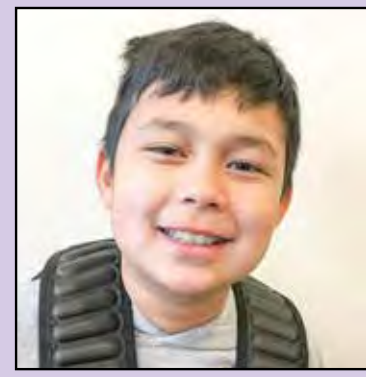
4TH GRADE



Sahara Hopper



Larissa Mathias



Ceder Vigil



Ryder Vigil

5TH GRADE



Angelina Aho



Chase Enos



Chellyna Lester



Corrina Ulma



Muckleshoot Tribal School Elementary is proud to introduce our Kindness Team, representatives!

We at the elementary level believe our entire elementary building is our Kindness Team!! Our representatives will work with adult leaders to inspire kind acts and build kind citizens throughout our MTS and Muckleshoot community.

Team members meet weekly and carry messages back to share with their classroom. The first act of business for the team representatives was to select a group at our school to honor. This week our students chose to honor our Custodial and Maintenance Staff for their continuous hard work and for keeping our school sparkling!

Custodial and Maintenance Staff



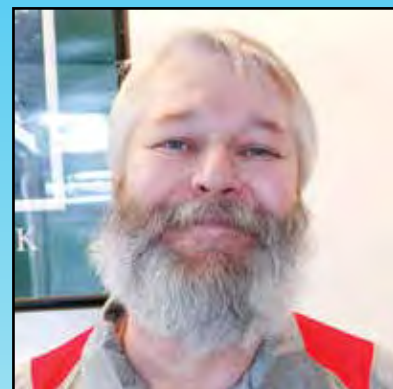
Brian Reed



Debra Boyd



John Goodluck



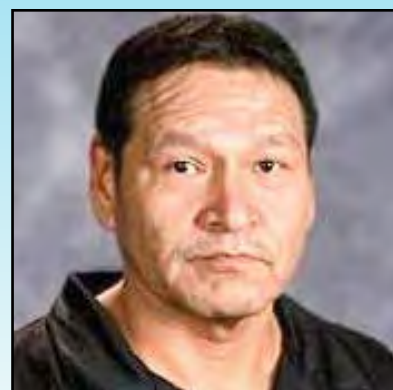
John Sparks



Kevin Higgins



Nick Johnny



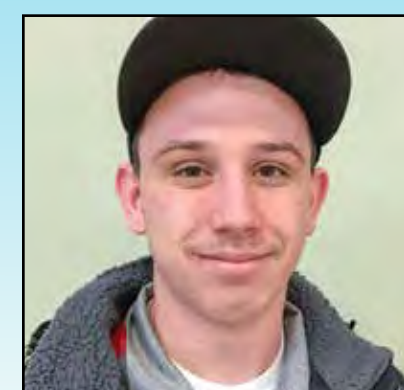
Ray Pine



Robert Simmons



Rusty Vogel



William Calvert

Kayleigh Gilchrist Makes A Splash With MTS Students

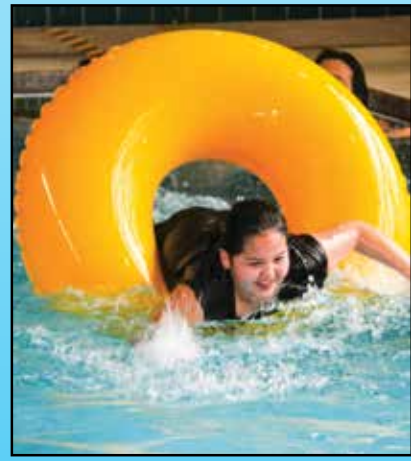
February 10th, 2017, Health and Wellness Center

PHOTO BY EVAN AVILA

2016 Rio Games gold medalist, Kayleigh Gilchrist, hit the water with our MTS middle school students at the Health and Wellness Center pool. Kayleigh showed the students some water polo fundamentals and lead the group in a variety of skill-building drills.

Kayleigh is a decorated professional water polo player; her position is titled "Attacker." She has won World Champion and World League gold medals in addition to her Olympic Gold.

It was truly an honor to host her visit.



MTS High School Students of the Month: January



Pictured from left to right are: Kiko Marquez, Anthony Margullis, Rosy Fish, Hiya Ramirez, Millennia Miller, Darius Nichols, and Simone Daniels. Not pictured is Taneesha Marquard.

The theme for the month of January was New Year /Fresh Start. Students who came back from Christmas break ready to get back to work were nominated by the MTS staff.



man, it's really done. these last four years being able to play & represent Muckleshoot was such an honor & i want to thank everyone. thank you guys for giving me the opportunity, the coaches thank you for not giving up on me when i was hard headed & thank you for giving me the chance to play out my dream of playing in the state tournament. my family, thank you guys for traveling to all of my away games. the support you have showed me is amazing. the fans, thank you guys for being loud & proud for us, y'all really made us better as a team. my brothers, maaaaan thank you guys for this incredible season. what we were able to do this season was such a pleasure to be apart of it every step of the way. my fellow seniors, don't let this be the end we are just getting started. & to the young bulls - you guys are something special & y'all haven't even reached your potential yet. i can't wait to see what you guys do in the future! to my loved ones who weren't able to watch me & support me physically, i know you all were up above cheering us on & giving me the strength to play to my best ability. this season is gonna be w/ me forever & it's something i will never forget, thank you.

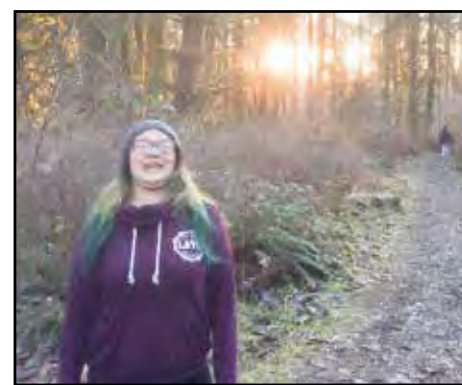


Eric Jametski wrote this during the final bus ride home.

Congratulations Resa Starr

Resa received an honorable mention for her performance during the 2016-2017 ladies basketball season.

PHOTOS SUBMITTED BY FLORENCE STARR



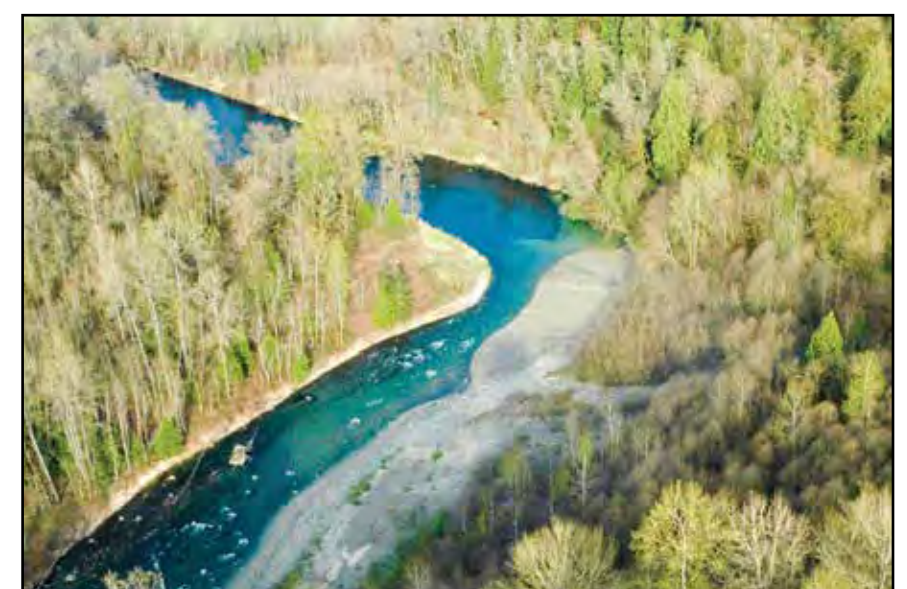
MTS Forestry Club Cleans Up Green River

By David Vales

Last month, students in the Forestry Club took a break from their busy schedule to team up and clean up a local stretch of the Green River. There are close ties between the river and the forests that line their banks.

A healthy forest will ensure that banks remain in place, minimizing erosion that can cloud the river and choke out developing salmon eggs. Returning salmon often bring with them nutrients from the ocean. As a salmon dies, its carcass is carried far up into the forest by scavengers and predators.

While on the river, we talked about nutrient cycles and the importance of keeping the habitat as pristine as possible. As students meditated along the banks of the river, it was easy to see that they were beginning to understand, on a deeper level, their roles as stewards of their natural resources.



MIT ELDER'S SEEDS GO FAR

By Uri Israel

Seeds harvested from the many gardens tended by MIT Elders, through the MIT Elder's In-Home Support Services program, were donated to two valuable programs in February of this year.

First, seeds were taken to the Annual Seed Swap, hosted by Harvest Pierce County and held at Chief Leschi School. Many packets of MIT flower seeds were swapped for popcorn, kale, pumpkin, cutting flower, and other types of seeds requested by Elders at MIT. This year, thanks to Rosa Maldonado, there was even sacred tobacco seeds used in the swap.

Next, the MIT elder's seeds were taken to the Northwest Storytelling Gathering, sponsored by Wisdom of the Elders. The storytelling gathering was held at Chemawa Indian School in Salem, Oregon. Native American youth from many reservations came to participate.

MIT seeds were given to Dr. Valerie Goodness, who will be working with a group of young people this year at Chemawa. Their studies will focus on building awareness and love for plants with an emphasis on traditional ecological knowledge.

Dr. Goodness is an instructor at Oregon State University in the Agriculture Sciences department; she also founded Traditional Ecological Knowledge (TEK) in 2010. She was a key presenter at the recent NW Storytellers Gathering.

Valerie Goodness and Chris Dunn hold annual TEK Initiative conferences under the direction and wisdom of Elder, Gail Woodside, along with many Tribal Natural Resource Managers. Currently, the TEK Initiative's five goals are:

- To promote Traditional Ecological Knowledge in natural resource sustainability in collaboration with western science.



Dr Valerie Goodness accepts seeds from MIT elders garden for her work in Oregon with Native American youth



Uri Israel holds seeds she swapped recently at the Harvest Pierce County Seed Swap for MIT elders gardens.

PHOTO BY JEFFERSON MOK

- To promote Indigenous TEK expertise as facilitators and partners in transboundary conservation dialog.
- To promote tribal and indigenous people inclusion, nationally and internationally, in ecological conservation and natural resource sustainability issues.
- To promote education curriculum inclusion of TEK for all ages.
- To promote conferences, events, and conventions in TEK, based in sustainability science, and in collaboration with multicultural and social sciences.

Dr. Goodness is of Native American heritage. She was raised to recognize her role in her ecosystem and community. She aims to serve the common good and not her own self-interest.

Spoken Words

By Effie Tull

Greetings, to each and everyone.

As I look back at the last year, I see that we have had many loved ones leave us. It has been hard, and at some times, unbearable. What I would like to share are our spoken words.

Every day that we wake up to begin a new day or go to bed to end our day, it is good to open and close our day with good words; be it in our good morning or our good night to family, friends, etc. Personally, I begin my day with a good morning to God, my Father; Jesus, His Son, and the Holy Spirit. I say thank you for the new day and ask that his will be done in my life. These are my first words of the day. The simple action of speaking those words make my day brighter, no matter what challenges I may or may not face.

At the end of the day, as I lie in bed, I thank God the Father, in Jesus name, for the day I had and to forgive me of any offenses against Him or anyone. I then ask for the Holy Spirit to make me aware so that I may not do so again. This gives me a peaceful night's rest and I awake refreshed, ready to start a new day, again and again, it works wonderfully for me. These are words I speak daily.

I must say, that it is good to speak words of encouragement to others; to speak words that bring growth, not destruction, to my loved ones, friends, and co-workers. I even speak them to strangers, because a greeting to people you meet in stores or other public places is a great opportunity to share a smile and a few words of cheer.


Sharing a spoken word is a small way to bring unexpected joy to others. I believe that when you give kind sharing words to others, you feel an uplifting joy in your spirit and heart.

I share spoken words of love, joy, laughter, and encouragement with others, and guess what? It fills my spirit up and makes my heart sing. Think of your spoken words to others and even about yourself. Let's speak building words of life.

Blessings to each and every one of you, from my heart to yours.

In His love,

Effie Tull

Please Join Us For Our
Annual Muckleshoot Elders Luncheon
Thursday, April 13, 2017

Location Change
Muckleshoot Tribal School
15209 S.E. 376th Avenue, Auburn, WA 98092
Doors Will Open at 10 Am • Lunch to be Served at Noon

Limited Parking Available
Bus Driver's Only Drop off at Muckleshoot Tribal School
Private Owned Vehicles Drive to:
White River Amphitheater (To be shuttled to luncheon)
40601 Auburn Enumclaw Road S.E.
Auburn, WA 98092

Please Contact Elders Complex 253-876-2888 for RSVP and How Many Elders Will be Attending From Your Tribe.
Thank you

Donation items for Easter Basket Fundraiser
ELDER COMPLEX NEEDS YOUR EASTER BASKET DONATIONS!!!
NO LATER THEN APRIL 1ST, 2017



Needed Items include:

- Grass
- Stuffed animals
- Plastic Eggs
- Candy
- Books
- Coloring Books
- Baskets
- Plastic Wrap
- Ribbon / Bows

The Muckleshoot Elders Complex would like to thank you in Advanced for your donations.

If you have any questions please contact:
Muckleshoot Elders Complex
17800 SE 392nd St
Auburn, WA 98092
Phone: 253-876-2888

ATTENTION!



TRIBAL ELDER PARKING
0007


Place on vehicle dash while parking at Muckleshoot Casino.
If found, please contact 253-876-2888.
Property of Muckleshoot Indian Tribe.

Reserved parking at the Muckleshoot Casino is for Elders 60 years and older. When utilizing reserved parking, make sure that your pass (pictured above) is clearly visible on the dashboard of your vehicle. Thank you!

Hotel Information

Best Western Peppercree 401 8th SW Auburn, WA 98001 253-887-7600 or 800-218-4163	La Quinta Inn & Suites 225 6th Street SE Auburn, WA 98002 253-804-9999	Cedars Inn Auburn 102 15th Street NE Auburn, WA 98002 253-833-8007
Travelodge Suites Nine 16th Street NW Auburn, WA 98001 253-833-7171 or 866-871-2434	Comfort Inn one 16th Street NE Auburn, WA 98002 253-333-8888	Extended Stay America 22520 83rd Ave SE Kent, WA 98032 253-872-6514

Directions to Muckleshoot Tribal School



I-5 to Exit 142A

- Follow WA-18 E and WA-164 E 15 min (9.5 mi)
- Head east on WA-18 E 4.1 mi
- Take the WA-164 E exit toward Enumclaw 0.2 mi
- Turn left onto WA-164 E/Auburn Way S
- Turn Left onto SE 380th St
- Turn Left onto 160th PI SE
- Slight Left onto SE 376th St.

Sick of
STICKER BUSHES?

Elders, contact Public Works if you would like pesky sticker bushes removed from your yard call
(253)-939-3311

**40222 Auburn-Enumclaw Road SE
Auburn, WA 98092**

Happy Birthday

Moses, Tina	3/1	Moses, Esther	3/23
Jerry Jr., Raymond	3/3	Ross, Harriet	3/23
Heddrick, Sandy	3/4	Hennes, Bryan	3/24
Arms Sr. Julius	3/5	Jacobs, Ann	3/24
Daniels Jr., John	3/5	Lewis, Kenneth	3/24
Lozier, Leticia	3/5	Poulsen, Sandra	3/24
Starr III, Louis 'Moke'	3/5	KingGeorge, Gilbert 'Hoagie'	3/26
Gaspaire, Margaret	3/6	Moses, Leah	3/27
Starr Jr., Joseph	3/6	Wallick, Donna	3/29
Barr, Dale	3/7	Adame, Glorianne	3/30
Howell, Regina	3/7	Thomas, Doreen	3/30
McJoe, Thomas	3/7	Moses-SoHappy, Bonnie	3/31
Stewart, Patricia	3/7	Wilson, Clinton	3/31
Sam, Juanita	3/8		
Baker, Elaine	3/11		
Jerry, Edith	3/12		
James, Mark	3/13		
Spencer, Sophia	3/13		
Ward Sr., LaVern	3/16		
Wilbur, Cleo 'Levi'	3/16		
Lozier Sr., Kelly	3/17		
Ortiz, Aletha	3/18		
Bargala, Sonny	3/20		
Hunt, Cheryl	3/21		
Moses, Janice	3/21		
D'Ambrosio, David	3/23		



How safe are our elders really in their home?

Join MEIHSS in celebrating 2017 Patient safety awareness week (March 12 – 18)



As the body naturally progresses with age our vision starts to deteriorate, we may start to shuffle our feet a bit more, perhaps we are now using a cane, or walker to get around. With these changes come concerns for our elders safety. Evaluate the surrounding. Are those throw rugs trip hazards? Are we sure our elder knows what medications they are taking? These are just some of the questions you should be asking yourself.

Please fill out this safety checklist to make sure your elder is safe.

	Yes	No		Yes	No
Home Entrance					
Steps/walkways in good repair			Secure ramp if in w/c		
Secure, railing on both sides of stairs			Sufficient lighting for yard/walkway		
Living Areas					
Open pathways free of clutter			Throw rugs/mats		
Electric cords strung across floor			Electric outlets "overloaded"		
Working smoke detectors			Working carbon monoxide detector		
Bedroom					
Throw rugs/mats			Floor free of clutter		
Night light of sufficient lighting					
Bathroom					
Throw rugs/mats			Non-skid floor surface for tub/shower		
Water temp. (Below 120 degrees F)			Grab bars for shower/tub/toilet		
Shower chair/hand held shower wand			Raised toilet seat		
Kitchen					
Throw rugs/mats			Fire extinguisher easy to reach		
Interior stairways					
Secure railings on both sides of stairs			Light switches at both top and bottom		
Adequate lighting					

Muckleshoot Elders In-Home Support Services is located at northwest corner of the Health and Wellness building. Please contact Karen Kennedy-Cantrell, Director, or Harmony Roebuck, Administrative Manager, for any inquiries at (253) 876-3050

Relative & Foster Care Program
 We Need YOUR Help
 to become a
Licensed & Loving
 Safe Home for
OUR CHILDREN

MIT Children & Family Services

MCPS Office Location: 39017 172nd Street SE, Auburn WA 98002 MCPS Main: 253-833-8782
 Foster Licensor: Trudi Moses 253-876-3397 Cell: 253-880-6968 Director: Cynthia Orie 253-876-3396

FREE LEGAL AID CLINIC

The Muckleshoot Tribal Court is introducing a pilot project to establish a Legal Aid Clinic for the benefit of eligible Tribal and Community Members in need of legal advice. These services may include, but are not limited to, advice-only services with respect to document review, criminal and civil litigation advice, probate matters, family law matters, explanation of the scope of Tribal Court jurisdiction, assistance with access to Tribal Court, and other routine matters. Advice may be provided to members seeking to use both State and Tribal Court, but, preference shall be given to Tribal Court cases.

To implement this pilot project the Tribe has contracted with Jared Miller an attorney with Baldwin, Crocker & Rudd, P.C. Mr. Miller will provide advice services at the Clinic on the 1st and 3rd Wednesdays of each month. Each clinic participant will receive up to one (1) hour of free legal services with Mr. Miller or another licensed attorney. The attorney will decline services where there is a conflict of interest or an ethical issue. For more information, or to schedule an appointment on one of our Clinic days, please contact the Muckleshoot Tribal Court at (253) 876-3203.

Happy birthday mom!

We love you and are so thankful for all that you do for us. I hope you have a good day because you truly do deserve the very best. All that you do for us never goes unnoticed, remember that. Love Always, All of us 3



Q & A About Head Start Health Documents

Why Does Head Start Keep Hounding Me About Health Documents?

There are currently 3,542 performance Head Start programs across the United States. One component of these standards is health. Head Start programs are required to collect health documents for all enrolled students within a specific timeframe. Part of our job is to determine a child's health status (whether they need additional follow-up or are up-to-date on medical and dental care). We are required to collect physical exams, dental exams, immunizations, vision, hearing, and developmental screenings to make this determination. Once we have this information, we can partner with families to assist in finding affordable health insurance (if applicable), finding a primary care provider, requesting records, making appointments, and following up with providers, as needed.

What Does All This Have To Do With My Child Going to School?

Children who are struggling with health, dental, vision, hearing, and developmental issues and concerns, are not as ready to learn as those children who are following up regularly with the child's primary care provider and dentist, receiving support services (if needed), and maintaining consistent attendance at school due to good health all contribute to a child's overall success at school.

HOUSING/SHELTER RESOURCES

Catholic Community Services – Home & Arise
 Men's Shelters
 Phone contact: (253) 854-0077 Ext: 2
 Locations: St. Anthony's Church, 314 S 4th St., Renton, WA, 98057 OR Kent Family Center, 1229 W Smith St, Kent, WA, 98032
 Coordinates two case-managed shelter programs for men, ages 18 and older. Shelters hosted by congregations in Kent and Renton; average stays of 6-12 months. No fees. Please call ahead.
 Renton In-take (walk-in only): Tu & Th, 1-3pm.
 Kent In-take (walk-in only): M & W, 1-3pm & 5-7pm; Tues & Th, 3-5pm.

Union Gospel Mission – Hope Place
 Shelter for Single Women, Women with children
 Phone contact: (206) 628-2008
 Location: 3802 S Othello St, Seattle 98118
 Provides shelter for women, with or without children. Includes mandatory spiritual activities. No fees. CALL for screening. M-F 8:30-9am.

Catholic Community Services
 Single Men & Women's Shelter
 Phone contact: (253) 572-0131
 Location: 1142 Court E Tacoma Ave S, Tacoma, WA, 98402
 Provides a safe place where men and women experiencing homelessness can get a good night's sleep, respect, and begin a process of generating income and becoming housed. Open 5pm-7am.

Multi-Service Center
 Family Shelter (Moms, Dads, & Kids)
 Phone contact: (253) 854-3437 Ext: 104
 Location: 515 W Harrison St, Kent, WA, 98032
 Emergency shelter for homeless families with children, ages 17 and younger; priority for families of 4+. All families may apply. LEAVE A MSG. AT LEAST TWICE PER WEEK until call is returned.

Auburn Youth Resources
 Youth Shelter
 Phone contact: (253) 833-5666
 Location: 816 F Street Southeast, Auburn, WA 98002
 Provides shelter for homeless youth, ages 10 through 17, in south King County. Written parental consent required for 72-plus hour stay. Sliding scale fees, may be free. Call for screening: 24 hours daily.

YWCA – South King County
 Family Shelter (Moms, Dads, & Kids)
 Phone contact: (425) 255-1201
 Location: Families housed in independent apartment units in Kent, Renton and Auburn areas.
 Call for availability. Leave a message DAILY, until call is returned. 24-hour voicemail

When Can I sign Up for Medicare Part A & Part B?
Will You Be 65 years old within the next 3 months?

1st Month	2nd Month	3rd Month	Your Birthday Month	5th Month	6th Month	7th Month
When should you sign up for Medicare: <ul style="list-style-type: none"> You can sign up for Medicare 3 months before or 3 months after your 65th birthday; Or if your employer sponsored health insurance ends due to retirement; If you are currently covered by an employer sponsored health insurance you may not have to sign up for Medicare until that coverage ends; You should check with your employer to see if they require you to sign up for Medicare when you turn 65 years old; 			<p>Visit the Health & Wellness Center's Managed Care Department at 17500 SE 392nd Street Auburn, WA PH # 253-939-6648</p>	What is Medicare Health Insurance? <p>Original Medicare has 2 parts:</p> <ol style="list-style-type: none"> Medicare Part A—covers inpatient hospital, skilled nursing facility hospice & home health care; Medicare Part B—covers outpatient medical care, including doctor visits, durable medical equipment, lab tests, and preventative services. <p>NOTE: If you don't sign up for Medicare Part B when you're first eligible you will have to pay a "Late Enrollment Penalty" for as long as you have Part B.</p>		

End of Season Salmon Dinner

March 3rd, 2017, Pentecostal Church

PHOTO BY EVAN AVILA





Are you eligible to receive child care assistance?

Is your child(ren):

- ✓ 12 years of age or younger?
- ✓ Of American Indian/Alaska Native descent?



Are you:

- ✓ Employed
- ✓ Enrolled in educational courses
- ✓ In job training
- ✓ Or participating in job search activities

Child care assistance is based upon your family's size & monthly income that is at or below 85% of King County's median income. You qualify, if your family's monthly income falls between the following ranges:

- Family size of 1: \$0 - 4,484
- Family size of 2: \$0 - 5,121
- Family size of 3: \$0 - 5,759
- Family size of 4: \$0 - 6,396
- Family size of 5: \$0 - 6,913
- Family size of 6: \$0 - 7,423
- Family size of 7: \$0 - 7,933
- Family size of 8: \$0 - 8,443

****Up to 100% of King County's median income for Enrolled Muckleshoot Tribal Member & direct descendant going 1 generation back- Mother or Father must be enrolled.**

Give us a call: 253-876-3016
 Email: Linda.eyle@muckleshoot.nsn.us
 Or stop by the office: 15599 SE 376th St Auburn, WA 98092
 Located @ the Muckleshoot Early Childhood Education Center on the Tribal School Campus.

MCFS Has Relocated!!

Hello, Muckleshoot Community!

MCFS would like to announce that we have moved to a brand new location. We are now located at 1220 "M" Street in Auburn, Washington. As we move into 2017, we are excited to begin a new year in our new location. We now have enough space for on-site visitation, a centralized secure records room, and enough workstations to fill vacant and new positions. We are excited to be in our new facility as we enter into to 2017.



Pictured from front to back: Cynthia Orié, Lori Simonson, Dyani Baker, Ann Chae, Rosie Anderson, Nilda Mae Factor, Destiny Deroche, Laurel Kelly, Romajeane Thomas, and Trudi Moses. Not Pictured: Ituu Atimalala, Rachel Sutton, Etene Taimaleagi, and Jacqueline Hernandez.



Enumclaw School District

Sponsored by Muckleshoot Indian Tribe

The Cultural Support Program will honor Mr. Terry Parker, Director of Curriculum and Instruction and past Principal of Enumclaw High School, with one of the highest honors in our culture during the powwow. After 25 year of service, Mr. Parker will be retiring at the end of the school year.

We wish to extend a special invitation to Mr. Parker's family and friends to witness this sacred event. We hope that the faculty of the Enumclaw School District as well as students (past and present) will also be in attendance.

Lead Staff

Host Drum: Young Society
 Head Man: Ryan Yellowjohn
 Head Woman: Madrienne Salgado
 Emcee: Jobey Williams
 Arena Director: Ken (E.T.) Gopher

- Tax forms required for participants, social security number will be needed. Canadian citizens will need to fill out W-8BEN forms.
- Drug, Alcohol & Smoking Free Event

Friday, March 24, 2017

Grand Entry 7pm
 Dance and Drum Registration

→ Enumclaw Middle School ←
 550 Semanski Street
 Enumclaw, WA 98022

Vendors Contact:
 Jennifer Leatham
jennifer_leatham@enumclaw.wednet.edu

Vendor Registration:
<https://goo.gl/forms/1KNITTB18K0WwBQ2>

Dance Contest

Golden Age Combined (55+)

Adult Categories (18-54)

Mens: Traditional, Grass, Fancy
 Womens: Traditional, Jingle, Fancy

Teen Categories (13-17)

Boys: Grass, Traditional, Fancy
 Girls: Fancy, Jingle, Traditional

Junior Categories (6-12)

Boys: Grass, Traditional, Fancy
 Girls: Fancy, Jingle, Traditional

Hand Drum Contest

22nd Annual Powwow



IT'S TIME!

A Friendly Reminder

Oh, nothing. Just babysitting...



TO ALL CCDF FAMILIES

PLEASE LOOK IN YOUR MAILBOXES FOR YOUR 2017 CCDF APPLICATIONS

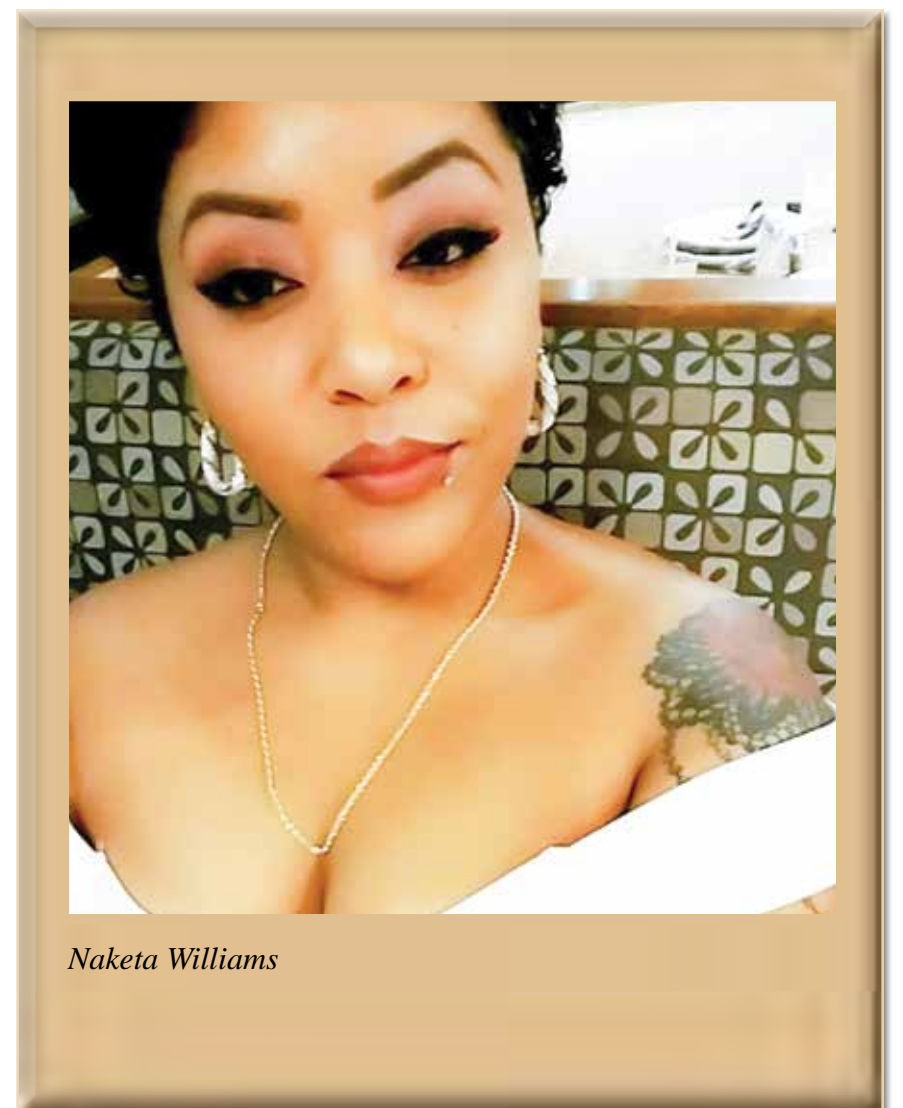
ALL PARTICIPANTS MUST UNDERGO AN ELIGIBILITY REVIEW ANUALLY

PLEASE HAVE COMPLETED APPLICATIONS WITH ALL SUPPORTING DOCUMENTS TURNED IN NO LATER THAN APRIL 30TH, 2017 AT 4:00PM TO THE CCDF OFFICE -- 15599 SE 376TH ST, AUBURN, WA 98092. LOCATED IN THE MECE BLDG
 QUESTIONS? CALL LINDA EYLE (253) 876-3016

Attention:
Muckleshoot Tribal Members

The Water, Sewer & Garbage Assistance Program has now been extended to King and Pierce Counties.

Please call (253) 876-2975 for details or stop by Public Works Office (Water Treatment Plant) to pick up an application.



Muckleshoot Transportation Division Transit Community Meeting Community Update

Written by Dezerae Hayes and Jennifer Ann Snyder

Hello, Muckleshoot Community! The Muckleshoot Transportation Division wishes to thank everyone that showed up to our wonderful Transit Community Meeting held on March 3rd, 2017! The evening began with a moment of silence followed by a prayer song by Charles Williams. We then had a lovely introduction from each Muckleshoot Transportation Division Employee. The first activity of the evening was an icebreaking event – this event involved the community directly by requesting name suggestions in order to re-name the “Stop and Shop.” All names were gathered and each respondent was rewarded with a Muckleshoot Transportation t-shirt that displaying our new logo.

Now is your chance to vote on all of the great names that were received! Please email, call, text, Facebook message, or come in to see Jennifer Snyder with your top three names. Contact Info: Jennifer Ann Snyder, Transportation Coordinator - Work Cell: 253-259-6172 - Jennifer.Snyder@muckleshoot.nsn.us.

New Transit Route Name Ideas:

- | | |
|---------------------------|--------------------------------|
| 1. Slammin Transit | 17. Flying Raven |
| 2. Skamooks | 18. Muckleshoot Transportation |
| 3. Tribal Rider | 19. Rez Rider |
| 4. Dream Catcher | 20. Rez Bus |
| 5. Muckleshoot Wheels | 21. War Pony |
| 6. NDN XPRESS | 22. Lushootseed Limo |
| 7. Slammin Salmon | 23. Muck Mobile |
| 8. Eagle Flyer | 24. Elk Runner |
| 9. Chuck-it-bucket | 25. Running Wolf River Coaster |
| 10. Rez Roadster | 26. Road Warriors |
| 11. Current Drifter | 27. River Riders |
| 12. Muckleshoot Driftwood | 28. Us Bus |
| 13. Rez Drifter | 29. Huckleberry Hitch Hiker |
| 14. River Runner | 30. Native Ride |
| 15. Rainier Runner | 31. Minnie |
| 16. Muck Wheels | 32. Muck Bus |



After the naming activity, Charles Williams, Dezerae Hayes, and Riley Patterson gave an overview of our programs and their functions. Following the overview, the team asked the community what kinds of services they would like to see that are not currently being offered. Here are the results...

*New Transit Route Requests:

- Recovery Center
- WinCo Run
- Auburn Transit Station
- Shopping in Federal way
- Auburn/Enumclaw Hospitals
- Fred Meyer
- Activities (Pow Wow)
- NW Family
- Proposed Transit Routes in the Transit Plan to the City of Auburn
- Proposed Transit Routes in the Transit Plan to the City of Enumclaw



The Muckleshoot Transportation Division Team invites you to submit your comments, questions, concerns, and suggestions! Look for comment cards located on each bus and place them into our designated drop boxes located on each of our buses. You can also email Jennifer Snyder, Transportation Coordinator: Jennifer.snyder@muckleshoot.nsn.us .

Perhaps one of our biggest and most exciting announcements was the introduction of our new Ride Systems technology that will let you, the rider, view transit buses in “real time”. You will be able to see exactly where a bus is and approximate the time of arrival.



Monthly Community Comment Cards:

- 2/1/17: we need shelter at shaker church. Bus late-cold
- 2/1/17: let riders bring bikes
- 2/14/17: please drive back roads- by Tribal School- White Eagle Property-368th or by lemon tree lane way.
- 2/13/17: Hey we need shelters at every stop mostly at Muck Mart.
- 1/27/17: please consider a stop on poplar St. when we get groceries it's too far to walk from NW family church when I have a lot of groceries
- 2/24/17: for those of us who need to get medicine please give us 5 minutes at Clinic as needed. Our medicine we don't need a full hour at wellness. Please transport to all community gatherings (pow wows, council dinners, and events)
- 2/5/17: bikes allowed, please. Nice polite driver thanks for providing this service

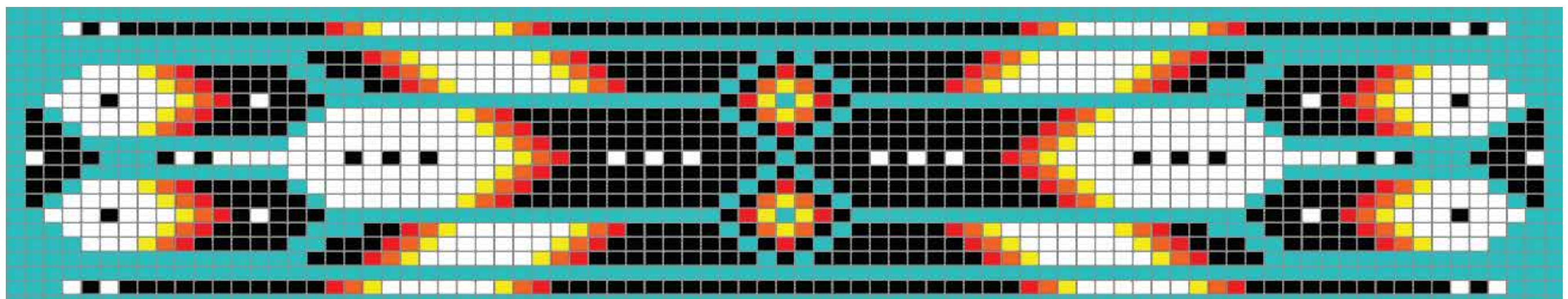
Compliments:

- 1/25/17: I like Monica as our Muckleshoot transit driver. She is a nice woman and she is straight forward so tell her she does a good job! Thanks, Monica keep up the awesome driving!
- 1/17: Monica is an excellent driver. She is cordial, concise and goes out of her way to help people.
- 1/24/17: Monica is a very people oriented and safe driver. Always pleasant and helpful
- 1/30/17: I think Lance is a nice and polite bus driver. Fun to talk to and look at lol.



Updated Transportation Division Team List:

Dezerae Hayes, Transportation Director
 Riley Patterson, Interim Transportation Manager
 Charles Williams, Interim Fleet Manager
 Brittany Nelson-Jones, Interim Office Manager
 Jennifer Ann Snyder, Transportation Coordinator
 Mitch Heaton, Transportation Shop Technician
 Lance Butler, Transit Driver
 Monica Briceno, Transit Driver
 Geraldine Ervin, Transit Driver
 Franklin Ross, Transit Driver



Tribal Development Program Presents "Walking in a Winter Wonderland of Accomplishments"

Written by Tara Howell

The Tribal Development Program hosted its Annual Accomplishment Ceremony on January 26th, 2017. It was a festive event with a winter wonderland theme. The room was adorned in blue, white, and silver; there were snowflakes hanging from the ceiling, and winter themed trivia was available for guests to play throughout the night. It was fun for all involved, especially those being honored at the event.

We began the night with shrimp cocktail and a custom-made lemonade blueberry drink created by the Muckleshoot Banquets team. Chicken Cordon Bleu and smoked salmon were served for the main course with snowflake cookies and cheesecake for dessert. Throughout the night, a jazz band played in the corner to help maintain the serene and calm ambiance that served as the soundtrack for the evening.

Lisa Starr opened the ceremony with a prayer and the Canoe Family performed traditional song and dance for the crowd. Conrad Granito and Monica Simmons welcomed everyone and thanked them for joining us in the celebration of the accomplishments. Virginia Cross spoke of how proud she was to see Muckleshoot Tribal Members making so much progress with the help of the Tribal Development Program and how she is looking forward to witnessing the continued successes of participants.

Trivia began after the conclusion of the last welcome speech. Each table group played well and had a fun time trying to guess the answers together. Once dinner was served, we began the second round so people could enjoy their dinner and work on their next round of trivia.

After dinner, Monica and Conrad announced the movement of phases throughout 2016. There was a total of nineteen phase move-

ments to celebrate. Once the awards for phases had been distributed, graduates were announced.

We celebrated seven graduates, two Business Leader rotations, and one very deserved Lifetime Achievement Award. It was so rewarding to see Muckleshoot Tribal Members reaching their goals and striving to continue moving forward in their career. The number of people there to acknowledge them was amazing and appreciated. It was an honor for TDP to announce Brinnon Aasted with the Lifetime Achievement Award.

The night finished with a final round of trivia. Table six was declared the winner! They were each awarded with a winter basket that included Native Koffee, apple cider, hot cocoa and a coffee mug complete with a native design.

Participants at the second place table all received winter decorated sparkling apple cider and third place finishers took home the melted snowman.

The night was a success for everyone who participated and we look forward to another year of accomplishments. Below is a list of all who reached their goals and moved forward another step in their career. Be sure to congratulate them when you see them.

Phase Movements Completed:

1. Celeste Adame - HR Specialist I- Phase 3
2. Janet LaClair - T&D Clerk III - Phases 1 thru 5
3. Johnelle Ramirez - Assistant Director of Human Resources - Phases 1 & 2
4. Ambrosia Andy - Accounting Technician - Phase 1
5. Emma Garcia - Clerk III - Finance - Phase 1

6. Robert Baker - EVS Supervisor - Phase 2
7. Oshana Charlie - EVS Supervisor - Phase 4
8. Corey Cross - Electrician - Phase 1 & 2
9. DeAnnarose Curtis-James - Phase 1 Security Admin
10. Whitney Rodrigues - Electrician - Phase 1 & 2
11. Charlotte Jerry - Promotions Specialist - Phase 6
12. Jeanne Jerry - F&B Supervisor - Phases 3
13. Philip Purcell - F&B Supervisor - Phase 1
14. Justin Johnson - IT Supervisor - Phase 1
15. James Ross Jr. - IT Service Desk Specialist - Phase 5
16. Roger Jerry II - Table Games Pit Manager - Phases 6, 7, 8, & 9
17. Robert Redthunder Table Games Floor Supervisor - Phase 2
18. Valerie Williams - Table Games Pit Manager - Phase 1
19. Phillip James - BME/Assistant Chief - Phase 1

Graduates:

1. Kim Carranza - Security Field Training Officer
2. Richard Lobehan - Security Assistant Shift Manager
3. Vanessa Williams - EVS Shift Manager
4. Sallie Eyle - T&D - Clerk III
5. Natasha West - Accounting Technician
6. Andrew Williams - Table Games Pit Manager
7. James Ross Sr. - Poker Assistant Shift Manager
8. Jesse McDaniel Jr. - Business Leader Rotation Support Operations
9. Tyrone Simmons - Business Leader Rotation Gaming
10. Brinnon Aasted - Lifetime Achievement Award



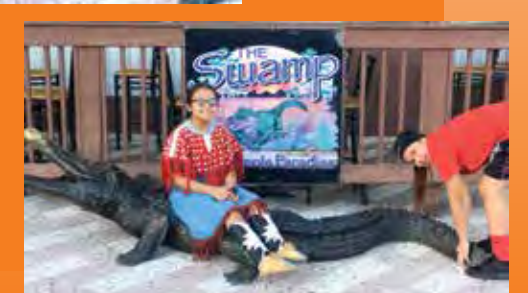
Our Trip to Scottsdale Red Mountain Pow Wow

PHOTOS SUBMITTED BY DELLA MORRISON



STARR FAMILY TRIP TO THE SEMINOLE POW WOW

PHOTOS SUBMITTED BY FLORENCE STARR

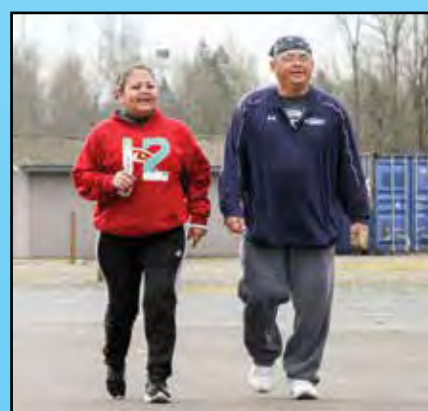
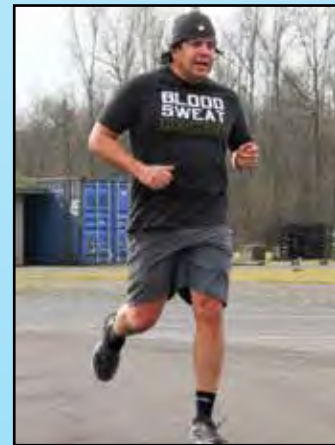


In Honoring Our MIT Leaders 5k Run/Walk

January 28, 2017, Muckleshoot Pow Wow Grounds

PHOTOS BY EVAN AVILA

TOP FINISHERS



Medical Clinic Provider, Jeanette DeCoteau, Retires

It is with deep gratitude to the Muckleshoot Community that I announce my retirement from the Muckleshoot Health and Wellness Center Medical Clinic on March 31st, 2017.



I thank all of my patients for sharing their health and suffering with me. You can be assured of a smooth transition to a new primary care provider.

I have spent my entire career working in Indian Country; more than 40 years serving our Native people and they have all been meaningful years.

My prayers have always included the Muckleshoot Tribal Community. I will continue praying for tremendous success in the coming years!

Gitchii Miigwech (Big Thank You)
Jeanette DeCoteau, PA-C

HOW TO APPLY FOR THE 2016 TAX EXEMPTION FOR AMERICAN INDIANS AND ALASKAN NATIVES

It is important to note that if you were not enrolled in minimum essential health insurance coverage, you may be subject to a fine at tax time unless you qualify for one of the following exemptions:

- 1) You are a member of a Federally recognized tribe;
- 2) You are a member of the Alaska Native Claims Act Corporation (ANCSA);
- 3) You are eligible to receive services from an Indian Health Care Provider at I.H.S.,

How to Claim the Exemption on your Federal Income Tax Return:

- 1) Complete the IRS Form 8965—"Health Coverage Exemptions"
- 2) On Part III of the form enter "Code E" for the Indian Exemption in column "c" and check the box in column "d" for "Full Year"
- 3) Include your completed Form 8965 when you file your income taxes

For More Information contact:
The Managed Care Department
Muckleshoot Health & Wellness Center
Ph # 253-939-6648

Teen Resources

Muckleshoot Health & Wellness Center
253-939-6648
Mon/Tue/Thu/Fri 8 - 5 pm
Wednesdays 9 - 5 pm
Closed for lunch 12 - 1pm
Daily Medical Walk Ins 9 - 11:30 am & 1 - 4 pm

Auburn Public Health Center
901 Auburn Way North
Auburn, WA 98002
253-477-0600
*Teen Clinic - Walk Ins
Tuesdays 12:30 - 4 pm*

Planned Parenthood
1105 South 348th Street #B103
Federal Way, WA 98003
800-769-0045
Mon 9 - 5 pm | Tue & Fri 8 - 4 pm | Wed 11 - 7 pm
Thu 8:30 - 4:30 pm
*Open at 10 am on the third Friday of each month.
Walk-in and scheduled appointments available
Low cost services*

Helpful and informative websites:
For weekly health tips, contests and life advice text **NATIVE** to
www.wernative.org www.iwannaknow.org
www.staying-alive.org www.teenadvice.org
www.866teenlink.org
Teen Crisis Hotline - 866-427-4747

SEEKING CCDF PROVIDERS

Do you have a genuine love of children and enjoy seeing them thrive in a safe and comfortable environment.

Could you provide nurturing and fun learning experiences for a neighbor, friend, or family member's child/ren.

We are seeking individuals that can offer - flexible or set days & hours for children between the ages of 0 through 12 years of age.

Give the Muckleshoot Indian Tribe's CCDF Program a call and see how you could get paid for providing childcare services.

Call: Linda Eyle @ 253-876-3016, come by the MECE Building or, send me an Email: linda.eyle@muckleshoot.nsn.us.

Our children are our most precious resource. Parents shouldn't have to struggle to provide quality, affordable care when working, attending schooling, or training opportunities. Please partner with me in protecting this resource!

15599 SE 376TH St Auburn, WA 98092

MIT HEALTH & WELLNESS CENTER SHUTTLE BUS SERVICE

Effective 06/27/16

Pick-up times are approximate
Monday-Friday Schedule
8 am to 9pm

Bus Route Repeats Itself Every Hour on the Hour

No service between 11:00 a.m.-Noon Monday-Friday

8:00 A.M. - 9:00 P.M.

1 st Run	Last Pick up/Drop Off	
8:00 am	9:00pm	Health & Wellness
8:05	5:05	Resource Center
8:07	5:07	Finance
8:09	5:09	Phillip Starr
8:12	8:12	Virginia Cross Education
8:17	8:17	Dogwood Street (Behind Tribal Store)
8:21	8:21	Green Tree Apartments (Behind Casino)
8:25	8:25	17 th Street SE
8:30	8:30	N.W. Family Church (Across from Chinook School)
8:37	8:37	Davis Property
8:40	8:40	Skopabsh Village
8:43	8:43	Shaker Church
8:45	8:45	Cedar Village
8:49	8:49	Pentecostal Church
8:53	4:53	Senior Center on 392 nd ST.

Last Scheduled Route begins at 8:00 PM

Saturday Schedule
10am to 2pm

1 st Run	Last pick up/Drop Off	
10:00am	1:00pm	Health & Wellness
10:10	1:10	Virginia Cross Education
10:15	1:15	Dogwood St SE (Behind Tribal Store)
10:20	1:20	Green Tree Apartments (Behind Casino)
10:25	1:25	17 th Street SE
10:30	1:30	N.W. Family Church (Across from Chinook School)
10:40	1:40	Davis Property
10:45	1:45	Skopabsh Village
10:50	1:50	Shaker Church
10:52	1:52	Cedar Village
10:55	1:55	Pentecostal Church

Last Scheduled Route begins at 1:00PM

BUS ROUTE REPEATS ITSELF EVERY HOUR ON THE HOUR
Subject to change during adverse weather and unscheduled service disruption
Revised 06/17/2016

Muckleshoot Needle Exchange Program

Muckleshoot Behavioral Health

Services Offered:
Exchange used syringes for clean syringes
Receive safe injection supplies
Receive overdose prevention education and Narcan
Receive tips on how to inject drugs safely

This is a non-judgmental service for Injection Drug Users. The purpose of the Needle Exchange is to get used drug injection equipment off of the streets and to keep our community safe!

Mobile unit every Friday from 2 to 4pm

Location: Outside of Cedar Village in the old smoke shop parking lot in the HWC Outreach Van
Any Questions? Contact Carol VanConett at Muckleshoot Behavioral Health: 253-804-8752

Muckleshoot Family and Youth Services Presents:

Healing Dinner

Love is Respect: Breaking the Cycle of Domestic Violence & Teen Dating Violence

Please join us for a talk and Q & A addressing Domestic and Teen Dating Violence

Wednesday, March 22, 2017 4:30pm - 6:30pm

Dinner will be served

Muckleshoot Health & Wellness Center Mountain Room

For more information, please contact Sabrina de la Fuente (253) 333-3605



Muckleshoot Behavioral Health

**16-Week
Anger Management Class**
Open to Join Anytime!
**New Day/Time Starting Feb. 23rd*
Every Thursday
1:30pm-3:00pm
Facilitated by: **Dr. Sarlak**
@ Behavioral Health
Meets Court Requirements
Have Questions?

For questions or more information, contact:
Bella Townsend @
Behavioral Health Program
(253) 804-8752

WE ARE CONNECTED.
we need you here.

To GIVE help or GET help:
Call 911 if you or someone you know is in immediate danger.
Call the Suicide Prevention Lifeline: 1-800-273-TALK (8255).
Chat online at www.SuicidePreventionLifeline.org.
Text START to 741741 to chat via text.
Visit www.wernative.org.
Talk to trusted elders, healers, friends, family, clergy or health professionals.

Talk to a Counselor @
Behavioral Health 253-804-8752
Family & Youth Services 253-333-3605
After Hours
Crisis Line 1-866-427-4747
Crisis Line 206-461-3222
Suicide Line 1-800-784-2433
Teen Link 1-866-833-6546 (Evenings 6-10pm)

Northwest Portland Area
Indian Health Board
www.npaihb.org

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Want Your Medical Bills Paid Quicker?

If you are getting statements from a doctor, hospital, x-ray, ambulance, lab and you received a PO number from CHS.

If you have insurance and got a PO number from CHS, please bring in the EOB, paper from your insurance stating how they processed/paid your bill.

Please bring the statement(s) and anything from your insurance to the CHS office, so we can pay your medical bills faster.

Many times, your doctor does not send the CHS office your bills, then you keep getting statements... bring anything in that you get for your bills if you got a PO number.

The CHS office can't pay a bill if we don't have it.

Thank you
CHS Team
(253) 939-6648

Is your Narcan Kit Expired?

Please Check the Expiration Date on your Narcan Kits!!!!

If expired please come get a new one at:
MIT Behavioral Health 253-804-8752
MIT Pharmacy 253-333-3618

If you have questions or you are concerned please feel free to call
Megan Gifford at 253-804-8752

Expiration Date is Located on the Vial

WHAT ARE THE SIGNS OF HEROIN USE?

- Definitive signs of heroin use include:**
- Needles or syringes not used for other medical purposes
 - Burned silver spoons
 - Aluminum foil or gum wrappers with burn marks
 - Missing shoelaces (used as a tie off for injection sites)
 - Straws with burn marks
 - Small plastic bags, with white powdery residue
 - Water pipes or other pipe
- Behavioral noticeable with heroin addiction include:**
- Lying or other deceptive behavior
 - Avoiding eye contact, or distant field of vision
 - Substantial increases in time spent sleeping
 - Increase in slurred, garbled or incoherent speech
 - Sudden worsening of performance in school or work, including expulsion or loss of jobs
 - Decreasing attention to hygiene and physical appearance
 - Loss of motivation and apathy toward future goals
 - Withdrawal from friends and family, instead spending time with new friends with no natural tie
 - Lack of interest in hobbies and favorite activities
 - Repeatedly stealing or borrowing money from loved ones, or unexplained absence of valuables
 - Hostile behaviors toward loved ones, including blaming them for withdrawal or broken commitments
 - Regular comments indicating a decline in self esteem or worsening body image
 - Wearing long pants or long sleeves to hide needle marks, even in very warm weather
- Users build tolerance to heroin, leading to increases in the frequency and quantity of heroin used. With growing tolerance, more definitive physical symptoms of heroin use and addiction emerge:
- Weight loss-they may wear big clothes to hide their weight loss..
 - Runny nose (not explained by other illness or medical condition)
 - Needle track marks visible on arms
 - Infections or abscesses at injection site
 - For women, loss of menstrual cycle (amenorrhea)
 - Cuts, bruises or scabs from skin picking

For effective Heroin Treatment Solutions Call Us We Have the Answers
Muckleshoot Behavioral Health
253-804-8752
Ask to talk to a counselor

New Registration Changes For the HWC Effective 04/01/16

Questions? Call (253) 939-6648 Registration Clerk
We've made a few changes to how often MIT members have to update at the HWC.

- The Registration application has been made shorter.
- There is now a one page Update form.
- We've made these changes, because many MIT members don't move and everything stays the same from year to year.
- We do need to know when you get any kind of health insurance coverage and we need to know if it ends.
- We also need a current phone number to reach you.

A. All new applicants must complete and submit all required information to determine their eligibility for services at the HWC.

All current people registered at the HWC:

1. Enrolled MIT members who are CHS eligible will be required to update every three (3) years, or when their address, name, insurance coverage or Tribal affiliation changes.
2. Enrolled MIT members who are CHS eligible and over the age of 50 will be required to update every ten (10) years, or when their address, name, insurance coverage or Tribal affiliation changes.
3. Other non MIT natives that are CHS eligible will be required to update annually on or around their birthday, or when their address, name, insurance coverage or Tribal affiliation changes.
4. Other non MIT natives, who are CHS eligible based on an economic (full time employment with Tribal entity) will be required to update annually or, or when their address, name, insurance coverage or Tribal affiliation changes.
5. Other non MIT natives that CHS eligible based on a social tie (spouse, significant other or extended family member etc.) will be required to update annual or, or when their address, name, insurance coverage or Tribal affiliation changes.

So, if you've updated at the HWC:
In 2016, you won't need to update until 2019*
In 2015, you won't need to update until 2018*
In 2014, you won't need to update until 2017*
* Not unless your address, name, insurance coverage changes.

Effective 2017

If you are currently being reimbursed for your Medicare Part B from the Muckleshoot Managed Care Department there will be a change to your monthly reimbursement.

Medicare

Reimbursements will be paid the standard Medicare rate for 2017 as established by the Centers for Medicare or at the standard amount listed on your Social Security letter for 2017.

This excludes any additional fees including any Income related monthly adjusted amount (IRMAA) or any Late enrollment penalty (LEP)

FOR QUESTIONS PLEASE STOP BY OR CALL US.

Muckleshoot Managed Care Department
17500 SE 392nd St
Auburn, WA 98002
PH # 253-939-6648

Our reimbursement policy is to reimburse only when funding permits. To be considered for reimbursement of your Medicare Part B premium you must:

- ⇒ Be CHS eligible at the Muckleshoot HWC;
- ⇒ Medicare must be your only form of insurance;
- ⇒ Non Muckleshoot Tribal Members will be subject to a 6 month wait period;

Domestic Violence Services & Resources
Muckleshoot Behavioral Health Program
17513 S.E. 392nd St. Auburn, WA 98092
(253) 804-8752

OTHER RESOURCES

National Domestic Violence Hotline
1-800-799-7233 (24 Hr)
Washington Domestic Violence Hotline
1-800-562-6025
DAWN Crisis/Advocacy:
425-656-7867 (24 Hr)
King County Sexual Assault Center
1-888-998-6423 (24 Hr)
Crisis Clinic
1-866-427-4747 (24 Hr)
Seattle Indian Health Board
206-324-9360

SERVICES WE PROVIDE

Safety Planning
Individual & Family Therapy
Weekly Support Group
Emergency Housing
Assistance Obtaining Protection Orders
Court Advocacy & Transportation
Legal Referrals
Individualized Resources
Emergency Supplies
Help Navigating Legal & Social Systems

These services are available to all victims of domestic violence or sexual assault, men and women, any age

Contact Behavioral Health if you or a loved one are affected by domestic violence, and we will assist you in getting help and support.
Please don't wait, get help today!

What are Needle Exchanges and why do we have them?

Muckleshoot Behavioral Health

What: Needle Exchanges are a non-judgmental space where injection drug users can receive clean needles and safe injection supplies. Other services are also offered such as overdose prevention education and referrals to medical care and treatment services if requested.

Why: NEEDLE EXCHANGES SAVE LIVES!!!

By offering Needle Exchange Services it takes injection needles off of the streets and out of the community. It offers safe injection equipment so that IV drug users can prevent the spread of blood borne diseases such as HIV and Hepatitis C which can be eventually fatal. It offers Overdose Prevention and Education so that drug users in this community are not dying from overdoses.

When: Muckleshoot Behavioral Health is now offering Needle Exchange Services starting January 22nd, 2016

Where: Exchange services are offered through a mobile site that operates every Friday from 2-4pm outside of Cedar Village in the Old Smoke Shop parking lot in the HWC Outreach Van.

Contact: Carol VanConett at Behavioral Health with any questions regarding Needle Exchange services at 253-804-8752



NOTICE:

The Feathered Healing Circle will meet on Thursdays at 5:00 PM – Cynthia Lozier

MUCKLESHOOT CARES ABOUT OUR YOUTH



partners should... **VALUE** each other's individuality • have **EQUAL** say in the relationship • **RESPECT** each other's boundaries • feel **SAFE** being open and honest • be able to **SHARE** feelings without negative consequences

WHAT?

- No one deserves to be abused and abuse is never the victims' fault.
- 1 in 3 young people will be in an abusive or unhealthy relationship
- Violent behavior often begins between 6th and 12th grade. 72% of 13 and 14-year-olds are "dating."
- 50% of young people who experience rape or physical or sexual abuse will attempt to commit suicide.
- Dating violence can affect anyone, regardless of age, gender, ethnicity, sexual orientation, or income.

WHO TO CONTACT?

Christine Mandry & Mathilda Dunn from the Behavioral Health Program (253) 333-3605

A healthy relationship has open and honest communication and an even playing field in which partners share control over decisions.

If you would like to speak with someone about dating violence, please contact: Mathilda or Christine @ (253) 333-3605 or the National Domestic Violence Hotline @ 1-866-331-9474

Love is Respect can help you identify healthy relationships www.loveisrespect.org

Muckleshoot Behavioral Health Family and Youth Services

17500 SE 392nd Street, Auburn 98092
Phone: (253) 333-3605

Health & Wellness Center Program Hours

	Pharmacy	Wellness Center	*Shuttle Service
Monday	8-5 pm 8-6 pm	10 am-8 pm	9-9 pm
Tuesday	8-5 pm 8-6 pm	10am- 8 pm	9-9 pm
Wednesday	8-5 pm 8-6 pm	10 am-8 pm	9-9 pm
Thursday	8-5 pm 8-6 pm	10 am-8 pm	9-9 pm
Friday	8-5 pm 8-6 pm	10 am-8 pm	9-9 pm
Saturday	-----	10 am-2 pm	10-2 pm
Sunday		All Programs Closed	

*There is no Shuttle/Bus service from 11-12 pm M-F.

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
Family & Youth BH Services	(253) 333-3605	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 735-2020	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Shuttle/Bus Service	(253) 939-6648	N/A Sat 10-2 pm
Wellness Center	(253) 333-3616	N/A Sat 10-2 pm
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

Child Find Screening

What is a Child Find Screening?

- Screening is a free check of your child's development—including:
- Large muscle development
 - Eye-hand coordination (fine motor skills)
 - Communication
 - Concepts
 - Personal-social skills, self help skills
 - academic skills



What is the purpose of a Child Find Screening?

The purpose of the screen is to identify any factors that may interfere with your child's learning, growth, and development. The screening is also provided to help parents identify their child's strengths and weaknesses and provide home suggestions.

What happens during a Child Find Screening?

During the screening, your young child may stack small blocks, cut with a scissors, draw, count, name colors, jump, and have fun! For older children and teens it may include academic, social and emotional, communication screening. Following the screening, a trained professional will talk with you about the results of the screening. You will have the opportunity to ask any questions about your child's development. You may be given home suggestions, referred on for further testing, or be scheduled to have skills rechecked at a later date. The screening process usually takes about 45 minutes.

Who is eligible to be screened?

Any child, from birth through 21, whose family or care givers would like more information about their child's development. All school districts within Washington State have Child Find screenings available. If your family is living in a temporary situation, you may contact the district where you are staying to attend a screening.

Where can I go for screening?

For more information and to schedule a screening, please contact:

Muckleshoot Tribal School Helen Feiger Student Support Services Coordinator 15209 SE 376 th St Auburn WA 98092 253-931-6709 Ext 3700	Marty Laronal Support Services Manager Muckleshoot Early Childhood Education Center 15599 SE 376 th St Auburn, WA 98092 253-876-3056 Ext 3922
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Missing Teeth?



The MIT Dental Clinic has been fortunate enough to contract with Dr. Scott Andrews since October, 2015. Dr. Andrews is a dentist who has specialized in removable prosthetics (dentures and partial dentures) since 1980.

Dr. Andrews is a graduate of the University of Washington School of Dentistry, where he currently teaches removable prosthetics to dental students. He has contracted with 55 different dental facilities, including 3 Native Tribes. In his career he has made over 34,000 dentures and partial dentures. That is a lot of smiles he has created!

Missing teeth can greatly affect your ability to speak, eat and smile, that is why our dental team is happy to have Dr. Andrews come to the MIT Dental Clinic and provide our patients with the highest quality dentures and partial dentures.

What are dentures and partial dentures?

A denture is a removable appliance that replaces your missing natural teeth to restore your smile and help your facial/ jaw muscles to work properly, which will benefit your appearance and your health. Dentures make it easier to eat and speak than it would be without teeth.

Dentures are made out of an acrylic base that supports fabricated teeth. The base is shaded to match the natural color of your gum tissue. Dentures are made to match the structure and form of your individual mouth, and will help maintain the look and structural integrity of your face. Dr. Andrews works closely with his lab technician to shape the dentures to exact proportions based on precise impressions of your mouth.

A partial denture is recommended when you still have natural, healthy, teeth remaining in your mouth, but need replacement of one or more missing teeth. A partial denture only covers part of your mouth and stays in place with clasps that secure to your adjacent natural teeth. Your MIT dentists try to keep as many teeth as possible in your mouth. The more natural teeth you have, the more stable your bite is.

Your MIT dentists and Dr. Andrews are eager to serve you, please call MIT dental clinic to schedule an appointment for an exam and consultation.

MIT Dental Clinic
(253) 939-2131

SICK AND DON'T WANT TO WAIT LONG HOURS IN A HOSPITAL E.R.?

There are local Urgent Care Medical Centers that can help you.

Sore Throat, Ear Ache, Ankle Injury, Upper Respiratory Infections:
These are just a few of the conditions they can help you with.
They can also do lab work and x-rays, if needed.

If you decide to go after 5:00pm or on the weekend,
CHS does consider this as an emergency room visit.

**You must call CHS office for
PO numbers within 72 hours/3 days of being seen.**

CHS OFFICE – 253-939-6648

If you are too sick to call, a family member or friend can call for you.

SOME URGENT CARE CENTERS YOU CAN CALL TO CHECK THE WAIT TIME

MULTICARE URGENT CARE – AUBURN
202 Cross Street SE | Phone: 253-876-8111
Hours: Monday – Friday, 8:00am – 7:30pm
Saturday & Sunday, 8:00am – 3:30pm

MULTICARE URGENT CARE – KENT
222 State Ave N | Phone: 253-372-7788
Hours: Monday – Friday, 9:00am – 8:30pm
Saturday & Sunday, 9:00am – 4:30pm

MULTICARE URGENT CARE – COVINGTON
17700 SE 272nd St @ Wax Road | Phone: 253-372-7020
Hours: Monday – Friday, 8:00am – 7:30pm
Saturday & Sunday, 8:00am – 5:30pm

VALLEY MEDICAL CENTER – COVINGTON
27500 168th Place SE | Phone: 253-395-2006
Hours: Monday – Friday, 8:00am – 8:00pm
Saturday & Sunday, 8:00am – 4:00pm

09/01/15 MH URGENT CARE NOTICE



Diabetes Academy



2017

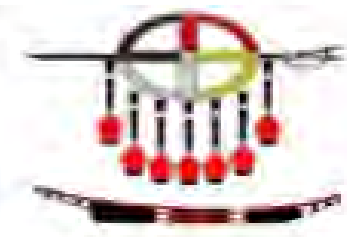
Diabetes Education

Classes

Muckleshoot
Health & Wellness Center
Diabetes Program

Educational classes are given
by Nikki, RN and Kaleigh,
Dietitian.

Please contact Emmie,
Diabetes Coordinator for
enrollment 253-939-6648.



Please join our upcoming 2017 Diabetes education classes that are geared towards preventing and controlling blood sugars through knowledge, healthy eating, fun activities and supporting one another!

February 15 th Wednesday	Diabetes updates: advanced technology use.	10:00 am-11:00 am AND 3:00 pm-4:00 pm
March 8 th Wednesday	Game Day/cooking Demonstration: Jeopardy trivia.	10:00 am-11:00 am AND 3:00 pm-4:00 pm
April 12 th Wednesday	Healthy Fats: make trail mix & salad dressing.	10:00 am-11:00 am AND 3:00 pm-4:00 pm
May 10 th Wednesday	Dining out: choosing healthy foods without guessing.	10:00 am-11:00 am AND 3:00 pm-4:00 pm
August 30 th Wednesday	Low blood sugar awareness	10:00 am-11:00 am AND 3:00 pm-4:00 pm
September 20 th Wednesday	Medication Adjustments with Weight loss: oral and insulin medications.	10:00 am-11:00 am AND 3:00pm-4:00 pm
October 11 th Wednesday	Preparing for holiday eating, seven day meal plan ideas.	10:00 am-11:00 am AND 3:00 pm-4:00 pm
November 8 th Wednesday	Support group, Total points for participants. Diabetes Awareness Month.	10:00 am-12:00 pm (one class time this month)

MIT Tribal Members

Do you have medical bills, medical statements or collection notices related to a medically necessary service rendered between 1/1/15 - 12/31/16?

You may be eligible to have these paid.

You must meet the following criteria for your medical bills to be considered:

Enrolled Muckleshoot Tribal Member
CHS eligible at the time the services were rendered.

- Date of service is between 1/1/15 and 12/31/16.
- Submit your documentation for review to the CHS/
- Registration office at Health & Wellness Center no later than Monday, 5/14/17.

All bills will be reviewed for medical necessity prior to payment. Bills received after 5/15/17 may not be considered for payment.



Questions?
Contact CHS at 253-939-6648
M-F between 8-5 pm.
(Closed 12-1 for lunch)

Call to Artists!

The 2018 Tekakwitha Conference Planning Committee is currently seeking logo designs for our conference. All logo submissions must reflect the 2018 theme *'Blessing of the Coast Salish People Through St. Kateri's Eyes.'* If your logo is chosen, you must sign a form to waive all rights to your art/logo for it to be used by the Tekakwitha Conference.

How to submit your logo design

- All submissions must be the original work of the artist.
- Must reflect the theme of the conference.
- Keep in mind the logo will be reproduced in the conference booklet, t-shirts, mugs, etc.
- Images should be in TIFF, JPEG or PDF and any size.

Deadline

Deadline for submissions is April 23, 2017. Please email your submissions to tekakwithaconference2018@gmail.com.

The winner will be notified by email, and the winning logo will be posted on the Tacoma Kateri Circle Facebook page in the first week of May 2017. For more information about the Tekakwitha Conference, please go to www.tekconf.org.



THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

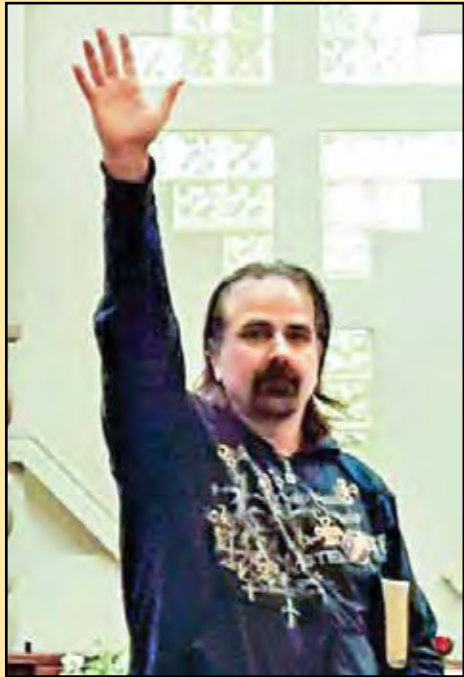
SERVICES AT 3:00 P.M. EVERY SUNDAY IN THE COUGAR ROOM ALL INVITED

Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

Sunday	11:00 AM	Church Service
Tuesday	12:00	Noon Prayer Meeting
Wednesday	6:30 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting



The Pentecostal church had several visitors in the past few weeks. Chad Taylor traveled to the Seattle area and ministered in Seattle, Olympia, Muckleshoot, and Arlington. **Chad will be returning to Muckleshoot on March 24-26th for more services and prayer.**



Francis Enick held special services during his scheduled visit to Muckleshoot, Tulalip and the area. He also had the opportunity to come earlier to attend his uncle Merle Williams funeral in Tulalip. Johnny Curtis also traveled to the funeral and came to the church to minister in music. He plans to come back on March 16-18 for the Garcia revival meetings.



Please come join us for **MASS & Catechism** At the Muckleshoot Catholic church



Catechism starts at 3:00pm
Mass starts at 5:00pm

As always, enjoy a nice dinner with us and Father Pat Twohy after Mass
For more info. Please contact me at Tara.Vasquez@muckleshoot.nsn.us
Or by phone at (253)347-6937



Michael Johanning brought a prayer team of several young adults one weekend after they worked at a Bill Gates event in Seattle. Bill Gates donated to their school, Spiritual Air Force Academy. Thomas Isis also came with the team and had the pleasure of visiting with his dad, Curtis, sister, Eva, and nephew, Sammy.



Mary teaches a Sunday morning bible class. They are studying Jesus' Parable of the Sower and "What Soil Will Grow Seeds?" They relate the lessons to their individual life.

RELIGIOUS CONTACTS

Please feel free to suggest additions

Muckleshoot Indian Shaker Church

Dennis Anderson Sr., Minister
Sandy Heddrick, Assistant Minister
Carl "Bud" Moses, 1st Elder
Lee Stafford, 2nd Elder
Gerald Moses Sr., 3rd Elder
Teri Starr, Secretary/Treasurer
Ben Sweet, Traveling Missionary

Muckleshoot Pentecostal Church
Rev. Kenny Williams, Pastor

Sweat Lodge

Doug Moses, 425-301-60811



St. Leo The Great

Catholic Mass

Tacoma Kateri Circle of St. Leo Church
710 South 13th Street – Tacoma 98405
Catholic (Native) Mass with
Father Patrick J. Twohy
1:30 pm every Sunday
Circle meetings 2nd and 4th Sunday
Potluck every 3rd Sunday
www.katericircle.com
Facebook: Tacoma Kateri Circle

MEMBERS NEEDED

for Indian Child Welfare Advisory Committee

The Indian Child Welfare Act was enacted in 1978 in response to the crisis affecting Indian children, tribes and families. Very large numbers of Indian children were being separated from their families and often placed into non-Native foster and adoptive homes.

Fortunately, there are opportunities to prevent this from happening to our communities.

One of them is to become a member of the Local Indian Child Welfare Advisory Committee (LICWAC) for the Department of Social and Health Services.

LICWAC meets once a month for approximately 4-5 hours with state social workers and, although they are an advisory committee, their input and recommendations are vital to each case that is staffed.

If you are interested in filing out an application and becoming a member of the LICWAC, and would like to serve on the Tacoma LICWAC please contact:

Diane Waddington, Region 3 LICWAC Coordinator
(360) 475-3532 or 1-800-423-6246 ext. 3532 or 360-979-8869

If you are interested in serving on the Seattle LICWAC please contact:
Roxanne Finney, Region 2 South ICW Program Consultant
(206) 923-4896



Please join in welcoming the new avenue of viewing and adding events for the Muckleshoot Community & Membership, by Tribal Members for Tribal Members and Community. The **Community Events Calendar** is there for everyone's convenience. Never double book an event again, now you can view other events happening and plan ahead. Let everyone know what you are planning. Simply follow the steps below to get started.

- 1.) Submit your Event information and Attach Flyer to email address: Muckleshoot.Events@Muckleshoot.nsn.us
- 2.) Your Event Information will be observed, approved and posted.
- 3.) Requirements-The Muckleshoot Events Calendar is only for events organized, hosted, sponsored or co-sponsored by Muckleshoot tribal departments and/or programs.
- 4.) Please allow up to 2 business days for approval and posting of event. If request is denied, 2 additional business days will be added to the approval process. All approvals/denials will receive notice of explanation or confirmation that your event is posted via email.
- 5.) To view current events: Follow the link provided on Share point Tab>Community Services>Scroll Right>under Links> Click on the **Events Calendar Link** Provided.
- 6.) Or in your explorer follow this link: <http://www.muckleshoot.nsn.us/community/news-calendar.aspx>

The common goal is to provide easy access to all events available to Membership and Community in one place. The Events Calendar will draw people to your event and give details they otherwise might not have. Find out more by looking at the Calendar and familiarize yourself with it. Lessen multiple email distributions and submit your event to be viewed by all!!!

Thank you,
Muckleshoot Events Calendar
Muckleshoot_events@muckleshoot.nsn.us



EVENTS CALENDAR

March 22	<p>Healing Dinner - Love is Respect: Breaking the Cycle of Domestic Violence and Teen Dating Violence 4:30 - 6:30 at Muckleshoot Health & Wellness Center Mountain Room. Call 253-333-3605</p>
March 24	<p>22nd Annual Pow Wow - Enumclaw Middle School</p>
March 25	<p>Lillian D. Daniels Memorial - Headstone Blessing at 10am at the Courville Cemetery.</p>
April 7	<p>Fleet Vehicle Auction - 12pm at SlaHal Shed. Contact Riley Patterson at 253-545-1187</p>
April 13	<p>Annual Muckleshoot Elders Luncheon - At the Muckleshoot Tribal School 10 AM Lunch will be served. Contact 253-876-2888 for more info</p>
April 21 - 22	<p>Muckleshoot Tribe Earth Day Celebration</p>
June 23 - 25	<p>Muckleshoot Veteran's PowWow - At the Muckleshoot PowWow Grounds.</p>

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!
Muckleshoot.Monthly@muckleshoot.nsn.us

Free Legal Services for Low Income Native Americans and Alaska Natives

Do you have a non-criminal legal problem?

The Native American Unit at Northwest Justice Project provides free civil (non-criminal) legal services to eligible Native Americans and Alaska Natives who cannot afford a lawyer in Washington.

Legal issues include (among other things):

- Protecting Indian monies (per capita, settlement, and other tribal income) from garnishment and/or impacting other income and benefits;
- Estate Planning (wills) for Indian trust property owners;
- Education - suspensions, special education, truancy;
- Indian Health Care and other tribal benefits;
- Child custody matters involving the Indian Child Welfare Act;
- Driver's license suspensions based on unpaid fines;
- Trust land rights- leasing, rights of way, homeownership;
- Tribal housing;

To find out if the Native American Unit can help you, please call.

- In King County: Call 2-1-1
- For all other counties: Call the CLEAR hotline at 1-888-201-1014. CLEAR phone lines are open from 9:15 a.m. - 12:15 p.m., Monday thru Friday.

What is Northwest Justice Project?

The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.





Rev. 5/2016

Muckleshoot MONTHLY

READ THE MUCKLESHOOT MONTHLY ON-LINE AT:
<http://www.muckleshoot.nsn.us/community/muckleshoot-monthly.aspx>

Summer Fun

Out Door Movies Returning to Muckleshoot Summer 2017!!!

June 17th (Sat): Mary Poppins
June 22nd (Thurs): Second Hand Lions
June 24th (Sat): Furious 7
June 29th (Thurs): The Wizard of Oz
July 1st (Sat): Sing
July 8th (Sat): Captain America- Civil War
July 13th (Thurs): Cool Runnings
July 15th (Sat): Tangled
July 20th (Thurs): Guardians of the Galaxy
July 22nd (Sat): Finding Dory
July 27th (Thurs): Cars
August 3rd (Thurs): Radio
August 10th (Thurs): Monster Trucks
August 12th (Sat): Love and Basketball
August 17th (Thurs): Thor
August 24th (Thurs): Brave
August 26th (Sat): Rogue One- Star Wars Story
August 31st (Thurs) Smoke Signals
September 2nd (Sat): Moana



Community Service Hours

Tribal and community members needing to complete community service hours obligations for the courts can come see me at the Phillip Starr Building. If you have community service hour obligations and need to start working on them, I can set you up for a place to work them off so you can complete them. Please contact me at 253-876-3153 or email me at walter.pacheco@muckleshoot.nsn.us.

Cultural Events

The Cultural Program Instruction Schedule:

Culture Song, Dance & Dinner
When: Every 2nd Tuesday of the month: Canoe Family song & dance - **5:30 to 7:30 PM**

Get Your Weave On! Weaving with Gail WhiteEagle
When: Tuesdays (except 2nd Tuesday's) - **12:00 PM to 8:00 PM**
Wednesdays & Thursdays - **9:00 AM to 5:00 PM**
Both are at the Canoe Family Clubhouse

Sewing Projects with Pauline Lezard & Sandy Hedrick
When: Workshop times are every Tuesday thru Thursday. They include beading and sewing instruction. Sewing Projects are located at the Lemmon Tree Lane office located next to the Virginia Cross Education Center.

Classes are open to all community members and tribal employees.

From the Office of Tribal Credit...

Did you know that our office has copies of the Consumer Reports magazine? You are more than welcome to stop by our office and take a look at them. We can also photocopy pages for you too. Consumer Reports has The Best of the Best and Worst of the Worst for vehicles as well as any other item that you might be looking to buy.

Tomanamus Forest Permits

Get them at the Wildlife Department at the Philip Starr Building. Bring in a copy of your vehicle insurance and a license plate number

Tribal Members Only.
The permits are FREE.
Office Hours are
8am to 5pm
Monday thru Friday.

SUBSCRIBE TO THE MONTHLY...

The Muckleshoot Monthly is delivered free of charge to members of the Muckleshoot Tribal Community. You can help us to serve you better by providing us with an up-to-date address. Please fill out the form below and mail it to:



MUCKLESHOOT MONTHLY
39015 - 172nd Ave. SE
Auburn, WA 98092

----- clip and return -----

SUBSCRIPTION REQUEST
/ ADDRESS UPDATE

[] New subscription [] Address change

Name _____

Address _____

City & State _____ Zip _____

If this is an address change, list previous address:
Address _____

City & State _____ Zip _____

[] I am a Muckleshoot tribal member,
[] I have ties to the Muckleshoot Tribal Community Please explain: _____



Muckleshoot.Monthly@muckleshoot.nsn.us
2016-17 Muckleshoot Tribal Council
Virginia Cross, Chair
John Daniels Jr., Vice-Chair
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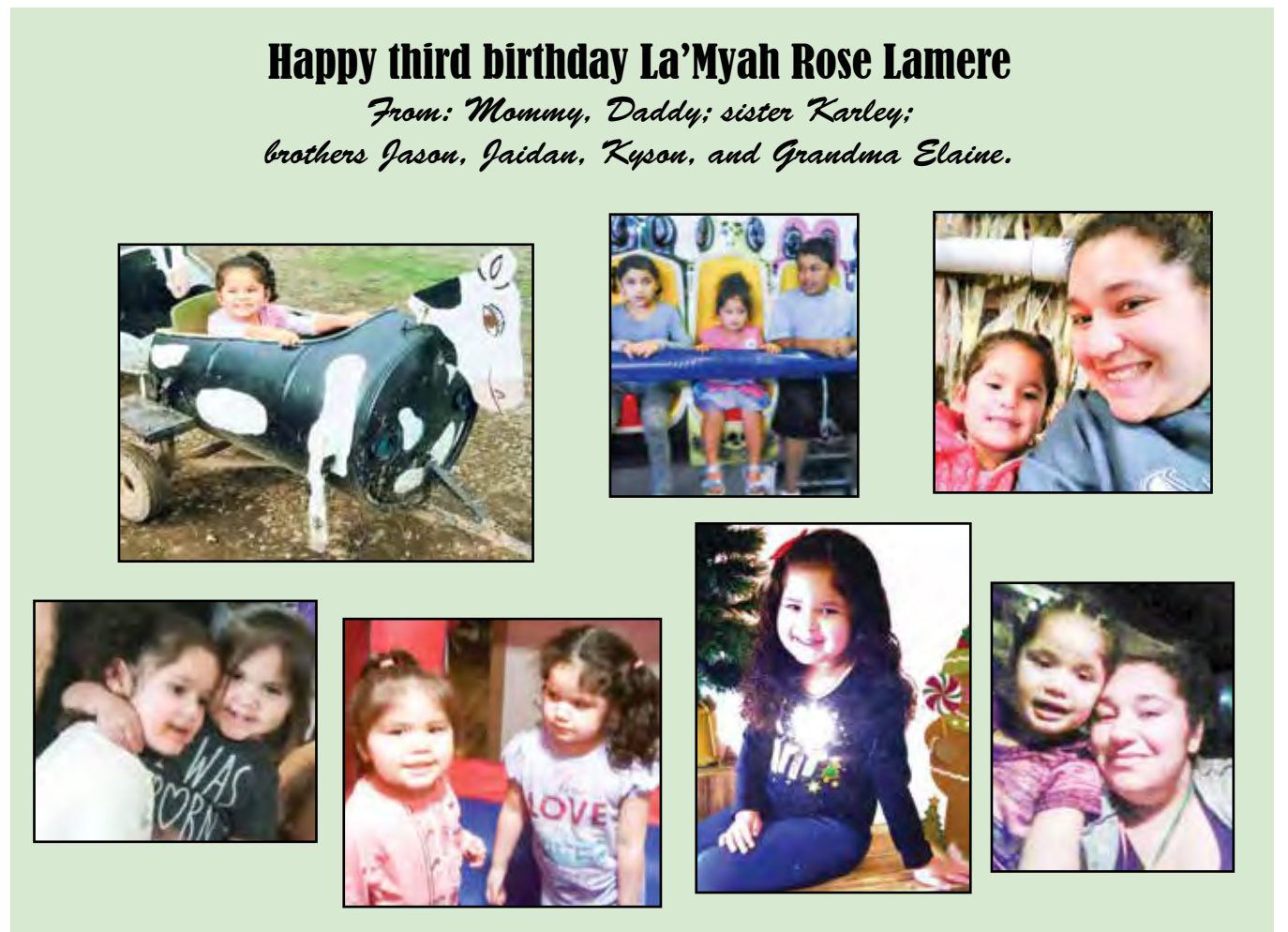


For all of our February/March Birthdays!

We have never-ending cake in February/March for all of you guys!
 Mom (02/23), Aunty Draga (03/01), Kady (02/15), CJ (02/21) and Brother (02/04)!

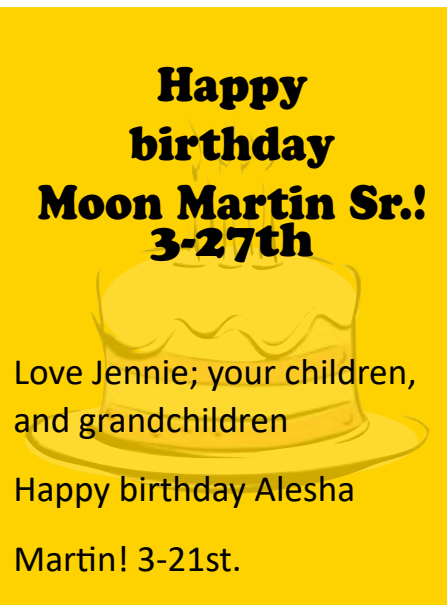
Hopefully you guys all had fun on your days!

-Samantha



Happy third birthday La'Myah Rose Lamere

From: Mommy, Daddy; sister Karley; brothers Jason, Jaidan, Kyson, and Grandma Elaine.



Happy birthday Moon Martin Sr.!
3-27th

Love Jennie; your children, and grandchildren

Happy birthday Alesha

Martin! 3-21st.

Ellie Sherman-Guthrie

Born 01-19-2017
 11LBS 14OZ

To parents Branden Guthrie and Aryanna Sherman. Proud Grandparents Justin and Aim'ee Moses



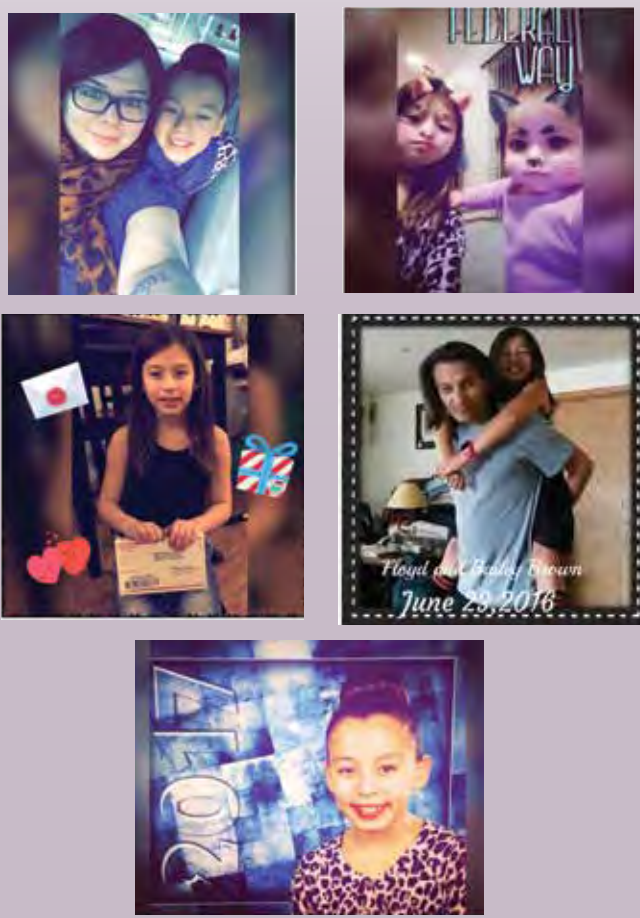
Happy 1 year marriage Anniversary 02/19/16



Maritza and richard

Happy 9th Birthday Bailey Brown

Love Momma Missy, Rich, Kinsley and Josiah
 March 26th



Happy 14th Birthday Andre Flores-James
March 19th

We love you, Auntie Missy, Uncle Rich, Bailey, Josiah and Kinsley



Happy 1st birthday,
 Kinsley Aniswala Penn!
March 30th, 2017
Love, Mom, Dad, Bailey, and Josiah



Happy 15th Birthday to my son Richie!

March 19th
Love Dad



Hello, my name is Tim Margullis,

I was honored to be able to attend Mr. Banks visit to the Tribal School where my children, Anthony & Riley, attend. My youngest son Riley, who is from the Peltier family, Turtle Mountain band of Chippewa Indian /Anishinaabe, had an opportunity to meet Dennis, a fellow Anishinaabe /Leech lake Ojibwe.

It was a great honor for us to meet Dennis. Just thought we would share these photos & express our gratitude & thanks to the Muckleshoot Tribe for everything they do.

-Tim & Candice Margullis